



RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2024





RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2024

Boys	Grade
Camden Luecht	12
David Zhang	12
Jose Ramirez	12
Naoya Mizui	12
Alexander Hoxha	11
Daniel Yip	11
Devin Cottom	11
Jayden Moffit	11
Jonathan Ng	11
Lucas Bradbury	11
William Liu	11
Zain Alemi	11
Asher Johnson	10
Jacob Stoffers	10
Kalil Thrall	10
Minseo Sakong	10
Pouria Ebadi Haghighi	10
Sebastian Nicholas	10
Trevor Cottom	10
Alexander Co	9
Antonio Ramirez	9
Cole Miller	9
Hrudai Shrivatsa	9
Jacob Tesiero	9
Kai Pisor	9
Kyle Clayton	9
Lukasz Odwazny	9
Max Backer	9
Tevin Sessoms	9

Girls	Grade
Anvi Kakar	12
Kate Hendrickson	12
Meadow Cannon	12
Rheya Cummins	12
Anna Grant	11
Charlize Chammas	11
Emilie Carter	11
Livia Dangio	11
Mollie Brailsford	11
Paige Moidek	11
Sophia Baccei	11
Angelina Barron	10
Caitlin Han	10
Emily Lorenz	10
Rebecca Davis	10
Riley Biddle	10
Riley Desbois	10
Ruby Norton	10
Savannah Maguire	10
Madilyn Fuentes	9
Rayna Lim	9



2024 Season Summary

RB Cross Country



Date	Event	Course
Sat, Aug 24	Bronco Roundup	Kit Carson Park, Escondido
Sat, Aug 31	CCA Ravens XC Invitational	CCA HS
Sat, Sep 14	Palomar League Cluster #1	MC Campus Course
Sat, Sep 21	ASICS / Sundevil Cross Country Inv.	Morley Field
Sat, Oct 12	42nd Annual Southern Cal Invitational	Guajome Park, CA US
Sat, Oct 19	Palomar League Cluster #2	Del Norte HS
Fri, Oct 25	Kit Carson Invitational	Kit Carson Park, Escondido
Sat, Oct 26	76th Annual Mt. Sac Cross-Country Inv.	Mt SAC
Fri, Nov 1	Palomar League JV Cluster # 3	Kit Carson Park, Escondido
Sat, Nov 2	UC HOKA Postal 2 Mile Championships	UC HS
Sat, Nov 9	NCC Championships	Kit Carson Park, Escondido
Sat, Nov 16	CIF-SDS XC Championships	Morley Field
Sat, Nov 30	CIF STATE Championships	Woodward Park, Fresno



BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice



Girls Results

Varsity Girls

Place	Name	Grade	1 MILE	FINISH	PACE
1	Riley Biddle	10	545	11:37.6	5:48.8
29	Kate Hendrickson	12	600	12:30.6	6:15.3
30	Anna Grant	11	610	12:30.7	6:15.4
49	Livia Dangio	11	625	13:00.3	6:30.2
53	Emily Lorenz	10	630	13:08.3	6:34.2
70	Sophia Baccei	11	635	13:39.1	6:49.6
80	Meadow Cannon	12	651	14:42.3	7:21.2
82	Rheya Cummins	12	652	14:51.6	7:25.8

2 Miles D2 Varsity

Official Team Scores

1 Del Norte	64
2 Scripps Ranch	72
3 Cathedral Catholic	82
4 Patrick Henry	128
5 Temecula Valley	130
6 Rancho Bernardo	130
7 Poway	138
8 University City	163
9 San Dieguito Academy	247



JV GIRLS

Place	Name	Grade		FINISH	PACE
8	Riley Desbois	10		13:39.2	6:49.6
31	Charlize Chammas	11		14:55.3	7:27.7
32	Emilie Carter	11		14:55.4	7:27.7
34	Angelina Barron	10		15:09.2	7:34.6
77	Mollie Brailsford	11		21:24.2	10:42.1

2 Miles D2 Junior Varsity

Official Team Scores

1 Mt Carmel	36
2 Del Norte	74
3 Cathedral Catholic	106
4 Patrick Henry	109
5 San Dieguito Academy	114
6 Rancho Bernardo	121
7 San Marcos	172
8 Otay Ranch	172

BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

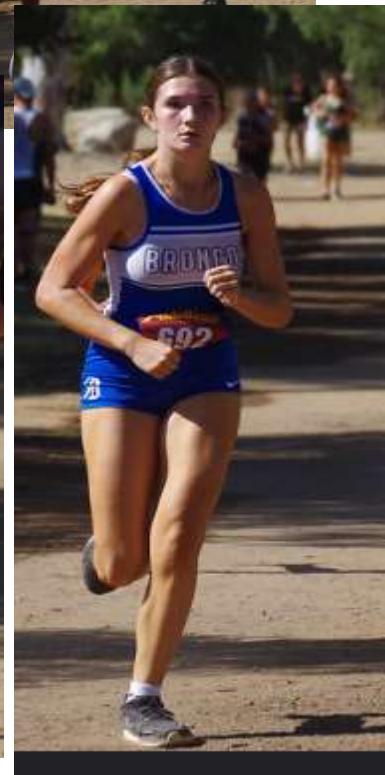
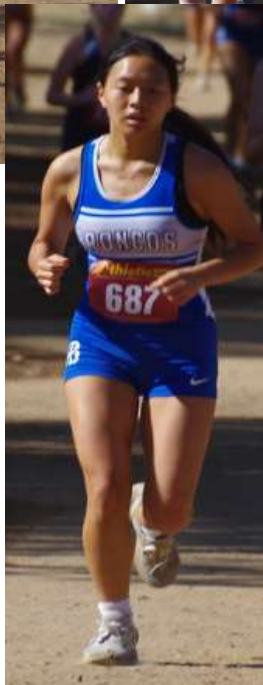
Frosh/Novice Girls

Place	Name	Grade		FINISH	PACE
14	Ruby Norton	10		14:43.9	7:22.0
15	Rebecca Davis	10		14:45.6	7:22.8
32	Caitlin Han	10		16:17.2	8:08.6
39	Paige Moidek	11		16:42.5	8:21.2
48	Rayna Lim	9		17:11.1	8:35.6
56	Madilyn Fuentes	9		19:43.8	9:51.9

2 Miles D2 Frosh/Novice

Official Team Scores

1	Del Norte	51
2	Torrey Pines	80
3	San Dieguito Academy	81
4	Poway	82
5	Rancho Bernardo	126
6	Temecula Valley	130
7	Patrick Henry	130



BRONCO ROUND~UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Boys Results

Varsity Boys

Place	Name	Grade	1 MILE	FINISH	PACE
2	Camden Luecht	12	4:49	9:51.6	4:55.8
18	Naoya Mizui	12	5:04	10:26.1	5:13.1
32	Devin Cottom	11	5:10	10:40.4	5:20.2
39	Jose Ramirez	12	5:11	10:47.1	5:23.5
45	William Liu	11	5:17	10:51.0	5:25.5
63	Jayden Moffit	11	5:25	11:11.2	5:35.6
78	Zain Alemi	11	5:35	11:23.6	5:41.8
80	Daniel Yip	11	5:38	11:25.1	5:42.6
99	Sebastian Nicholas	10	5:30	11:46.6	5:53.3

2 Miles D2 Varsity

Official Team Scores

1 Del Norte	62
2 Cathedral Catholic	66
3 Vista	87
4 Poway	98
5 Rancho Bernardo	112
6 Scripps Ranch	120
7 Temecula Valley	184
8 San Marcos	188
9 San Dieguito Academy	247
10 Otay Ranch	273
11 Patrick Henry	274

JV Boys

Place	Name	Grade	1 MILE	FINISH	PACE
4	Asher Johnson	10	534	11:04.7	5:32.3
16	Trevor Cottom	10	539	11:44.7	5:52.3
19	Jonathan Ng	11	542	11:46.2	5:53.1
24	Minseo Sakong	10	543	11:52.5	5:56.3
27	Kalil Thrall	10	544	11:55.0	5:57.5
57	Lucas Bradbury	11	547	12:29.9	6:15.0
60	Jacob Stoffers	10	607	12:31.8	6:15.9

2 Miles D2 Junior Varsity

Official Team Scores

1 Del Norte	32
2 Mt Carmel	88
3 Rancho Bernardo	90
4 Patrick Henry	144
5 Temecula Valley	158
6 Torrey Pines	164
7 Otay Ranch	180
8 San Marcos	197
9 Poway	200
10 Scripps Ranch	235
11 Cathedral Catholic	287
12 San Dieguito Academy	323

BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Frosh/Novice Boys

Place	Name	Grade	1 MILE	FINISH	PACE
9	Antonio Ramirez	9	531	11:24.4	5:42.2
20	Max Backer	9	542	12:00.1	6:00.1
55	Tevin Sessoms	9	622	13:14.7	6:37.3
59	David Zhang	12	630	13:29.6	6:44.8
74	Cole Miller	9	646	14:23.5	7:11.8
87	Alexander Co	9	657	15:17.0	7:38.5
93	Kai Pisor	9	728	16:20.7	8:10.4
103	Lukasz Odwazny	9	815	19:13.7	9:36.9

2 Miles D2 Frosh/Novice

Official Team Scores

1	Del Norte	76
2	Cathedral Catholic	89
3	Poway	92
4	Mt Carmel	115
5	Torrey Pines	122
6	Scripps Ranch	151
7	Temecula Valley	163
8	San Dieguito Academy	185
9	Rancho Bernardo	185
10	Patrick Henry	203



BRONCO ROUND-UP 2024 @ Kit Carson Park

Saturday, August 24th, 2024

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice



CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024

Canyon Crest Academy

3 Miles Varsity, Grade Level

Girls Results

3 Miles Senior/ Invitational

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
7	Riley Biddle	10	531	1119	17:22.1	5:47.4
25	Anna Grant	11	552	1219	18:21.2	6:07.1
32	Kate Hendrickson	12	553	1233	18:35.6	6:11.9
55	Livia Dangio	11	554	1257	19:25.0	6:28.3
95	Rheya Cummins	12	632	1507	21:37.7	7:12.6
105	Meadow Cannon	12	651	1555	22:30.5	7:30.2

3 Miles Junior

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
47	Charlize Chammas	11	651	1449	22:37.2	11:18.6
83	Paige Moidek	11	729	1617	25:38.5	12:49.2
100	Mollie Brailsford	11	923		30:48.3	15:24.1

3 Miles Sophomore

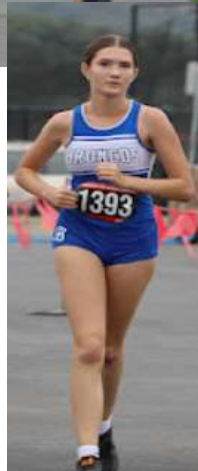
PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
14	Riley Desbois	10	632	1354	21:13.3	7:04.4
29	Rebecca Davis	10	648	1414	22:17.3	7:25.8
30	Ruby Norton	10	648	1416	22:17.6	7:25.9
46	Savannah Maguire	10	653	1441	23:00.3	7:40.1
48	Angelina Barron	10	643	1459	23:07.3	7:42.4
53	Caitlin Han	10	658	1449	23:19.8	7:46.6

1.5 Miles Freshmen/ Sophomore

PL	NAME	GR	1 MILE		FINISH	PACE
73	Rayna Lim	9	736		11:32.5	7:41.7
108	Madilyn Fuentes	9	825		13:11.9	8:47.9

CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024
Canyon Crest Academy
3 Miles Varsity, Grade Level



CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024

Canyon Crest Academy

3 Miles Varsity, Grade Level

Boys Results

1.5 Miles Junior/ Senior

PL	NAME	GR	1 MILE		FINISH	PACE
33	David Zhang	12	555		8:57.9	5:58.6

3 Miles Senior/ Invitational

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
3	Camden Luecht	12	449	944	14:42.5	4:54.2
16	Jose Ramirez	12	459	1015	15:26.6	5:08.9
45	Naoya Mizui	12	504	1024	15:53.4	5:17.8
57	Devin Cottom	11	510	1029	16:00.9	5:20.3
87	Jayden Moffit	11	518	1054	16:32.9	5:31.0
109	William Liu	11	515	1047	16:48.6	5:36.2
124	Asher Johnson	10	531	1117	16:58.0	5:39.3
139	Zain Alemi	11	520	1112	17:13.2	5:44.4
140	Daniel Yip	11	524	1112	17:13.4	5:44.5

3 Miles Junior

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
55	Jonathan Ng	11	548	1158	18:08.2	6:02.7

3 Miles Sophomore

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
32	Sebastian Nicholas	10	539	1132	17:37.8	8:48.9
40	Trevor Cottom	10	538	1148	17:55.5	8:57.8
47	Minseo Sakong	10	532	1215	18:10.6	9:05.3
48	Kalil Thrall	10	543	1154	18:10.9	9:05.5

3 Miles Freshmen

PL	NAME	GR	1 MILE	2 MILE	FINISH	PACE
1	Antonio Ramirez	9	515	1120	16:44.6	5:34.9
19	Max Backer	9	551	1140	17:52.8	5:57.6

CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024
Canyon Crest Academy
3 Miles Varsity, Grade Level

1.5 Miles Freshmen/ Sophomore

PL	NAME	GR	1 MILE		FINISH	PACE
22	Jacob Stoffers	10	544		8:45.1	5:50.1
64	Cole Miller	9	607		9:38.5	6:25.7
90	Kai Pisor	9	635		10:19.0	6:52.7
111	Kyle Clayton	9	705		11:13.5	7:29.0
112	Hrudai Shrivatsa	9	706		11:13.5	7:29.0
126	Lukasz Odwazny	9	802		12:41.7	8:27.8



CCA Ravens Fleet Feet SD XC Invitational

Saturday, August 31, 2024
Canyon Crest Academy
3 Miles Varsity, Grade Level



Palomar League Cluster #1

Saturday, September 14, 2024 @ Mt. Carmel Campus Course

3.0 MILE



Girls Results

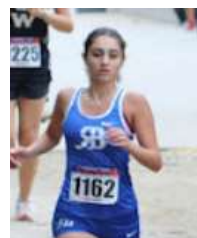
3 Miles Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
2	Riley Biddle	10	552	1221	18:23.4	6:07.8
12	Kate Hendrickson	12	616	1258	19:28.9	6:29.6
16	Livia Dangio	11	616	1305	19:57.2	6:39.1
34	Riley Desbois	10	616	1309	21:36.7	7:12.2
40	Meadow Cannon	12	659	1540	23:03.6	7:41.2

3 Miles Varsity

Official Team Scores

1 Del Norte	27
2 Poway	58
3 Mt Carmel	85
4 Rancho Bernardo	97
5 Westview	125
6 Mission Hills	136



3 Miles Junior Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
8	Rebecca Davis	10	659	1445	22:19.7	7:26.6
9	Ruby Norton	10	659	1446	22:29.4	7:29.8
13	Angelina Barron	10	657	1501	22:43.4	7:34.5
18	Charlize Chammas	11	655	1504	23:01.3	7:40.4
19	Savannah Maguire	10	712	1510	23:01.6	7:40.5
25	Emilie Carter	11	714	1526	23:30.7	7:50.2
37	Caitlin Han	10	745	1617	24:17.4	8:05.8
48	Paige Moidek	11	745	1640	25:39.6	8:33.2
50	Rayna Lim	9	749	1650	25:46.3	8:35.4
60	Madilyn Fuentes	9	855	1927	29:34.5	9:51.5

3 Miles Junior Varsity

Official Team Scores

1 Del Norte	27
2 Poway	52
3 Rancho Bernardo	67
4 Westview	72
5 Mission Hills	114



Palomar League Cluster #1

Saturday, September 14, 2024 @ Mt. Carmel Campus Course

3.0 MILE

Boys Results

3 Miles Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	446	1003	15:08.0	5:02.7
13	Naoya Mizui	12	507	1054	16:34.3	5:31.4
17	Jayden Moffit	11	508	1044	16:42.2	5:34.1
18	Devin Cottom	11	506	1051	16:43.8	5:34.6
29	Asher Johnson	10	531	1136	17:12.6	5:44.2
35	Antonio Ramirez	9	531	1136	17:26.1	5:48.7
41	William Liu	11	512	1126	17:51.0	5:57.0
42	Zain Alemi	11	527	1150	17:57.0	5:59.0
43	Sebastian Nicholas	10	536	1159	18:02.5	6:00.8
44	Daniel Yip	11	532	1147	18:05.0	6:01.7
45	Trevor Cottom	10	537	1159	18:10.3	6:03.4
59	David Zhang	12	608		21:23.5	7:07.8

3 Miles Junior Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
12	Minseo Sakong	10	548	1207	18:27.5	6:09.2
22	Jonathan Ng	11	552	1232	19:07.1	6:22.4
24	Jacob Stoffers	10	558	1242	19:10.5	6:23.5
43	Lucas Bradbury	11	610	1328	20:36.3	6:52.1
55	Alexander Hoxha	11	615	1335	21:19.5	7:06.5

3 Miles Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
6	Max Backer	9	545	1207	18:31.2	6:10.4
13	Jacob Tesiero	9	616	1321	20:01.4	6:40.5
22	Cole Miller	9	633	1356	21:11.0	7:03.7
36	Kai Pisor	9	716	1535	23:42.6	7:54.2
37	Kyle Clayton	9	710	1535	24:00.3	8:00.1
39	Hrudai Shrivatsa	9	717		25:48.5	8:36.2
41	Lukasz Odwazny	9	808		28:52.0	9:37.3

3 Miles Varsity

Official Team Scores

1 Del Norte	39
2 Mt Carmel	70
3 Rancho Bernardo	76
4 Poway	82
5 Westview	90
6 Mission Hills	139



3 Miles Junior Varsity

Official Team Scores

1 Del Norte	21
2 Poway	60
3 Mt Carmel	67
4 Westview	90
5 Rancho Bernardo	131
6 Mission Hills	164

3 Miles Frosh

Official Team Scores

1 Del Norte	41
2 Mt Carmel	48
3 Westview	59
4 Rancho Bernardo	98
5 Poway	103

Palomar League Cluster #1

Saturday, September 14, 2024 @ Mt. Carmel Campus Course

3.0 MILE



44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA
3.0 Miles



Girls Results

3 Miles D-1 Senior/Invite

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
12	Kate Hendrickson	12	606	1325	19:34.7	6:31.6
74	Meadow Cannon	12	654	1603	23:51.8	7:57.3

3 Miles D-1 Junior

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Anna Grant	11	604	1331	19:53.7	6:37.9
5	Livia Dangio	11	606	1334	20:03.6	6:41.2
29	Sophia Baccei	11	640	1513	22:18.9	7:26.3
38	Charlize Chammas	11	649	1547	23:07.1	7:42.4
44	Emilie Carter	11	656	1607	23:51.2	7:57.1
76	Paige Moidek	11	743	1828	27:46.6	9:15.5
86	Mollie Brailsford	11	927	2310	33:58.8	11:19.6

3 Miles D-1 Junior

Official Team Scores

1 Del Norte	38
2 Rancho Bernardo	42
3 Cienega	55
4 Mira Mesa	86

3 Miles D-1 Sophomore

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Riley Biddle	10	544	1246	18:57.9	6:19.3
17	Riley Desbois	10	629	1441	21:22.0	7:07.3
31	Rebecca Davis	10	633	1529	22:42.1	7:34.0
45	Angelina Barron	10	641	1558	23:19.0	7:46.3
55	Ruby Norton	10	652	1558	24:01.0	8:00.3
59	Caitlin Han	10	710	1638	24:20.6	8:06.9
75	Savannah Maguire	10	710	1638	25:18.1	8:26.0

3 Miles D-1 Sophomore

Official Team Scores

1 Canyon Crest Academy	33
2 Rancho Bernardo	70
3 San Dieguito Academy	91
4 Westview	135
5 Rancho Cucamonga	146
6 Mountain View Marana	148
7 La Quinta (La Quinta)	154
8 Bonita Vista	156
9 Fallbrook	183

3 Miles D-1 Fresh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
89	Rayna Lim	9	759	1834	27:16.3	9:05.4
105	Madilyn Fuentes	9	824	2033	30:27.0	10:09.0

44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024. @ Morley Field, CA



44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA

3.0 Miles

Boys Results

3 Miles D-1 Senior/Invite

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	446	1023	15:15.6	5:05.2
18	Naoya Mizui	12	509	1117	16:32.1	5:30.7
178	David Zhang	12	615	1408	21:25.0	7:08.3

3 Miles D-1 Junior

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Jayden Moffit	11	514	1115	16:31.1	5:30.4
15	Devin Cottom	11	515	1136	17:10.9	5:43.6
19	William Liu	11	528	1143	17:15.6	5:45.2
32	Zain Alemi	11	534	1218	17:56.1	5:58.7
42	Daniel Yip	11	536	1229	18:13.8	6:04.6
97	Lucas Bradbury	11	550	1353	20:35.3	6:51.8

3 Miles D-1 Sophomore

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Asher Johnson	10	524	1141	17:02.0	5:40.7
35	Trevor Cottom	10	536	1227	18:10.7	6:03.6
49	Minseo Sakong	10	536	1233	18:39.3	6:13.1
55	Sebastian Nicholas	10	537	1232	18:49.9	6:16.6
56	Kalil Thrall	10	538	1245	18:50.4	6:16.8
85	Jacob Stoffers	10	555	1316	19:45.3	6:35.1
200	Pouria Ebadi Haghighi	10	642	1609	23:55.9	7:58.6

3 Miles D-1 Fresh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
5	Antonio Ramirez	9	525	1154	17:30.9	5:50.3
11	Max Backer	9	541	1221	18:13.7	6:04.6
75	Tevin Sessoms	9	625	1358	20:28.1	6:49.4
114	Jacob Tesiero	9	646	1454	21:50.9	7:17.0
119	Cole Miller	9	647	1459	22:06.4	7:22.1
149	Kai Pisor	9	654	1609	23:43.4	7:54.5
160	Hrudai Shrivatsa	9	707	1650	25:05.8	8:21.9
178	Lukasz Odwazny	9	837	2101	30:52.1	10:17.4

3 Miles D-1 Junior

Official Team Scores

1	Rancho Cucamonga	47
2	Rancho Bernardo	69
3	Cibola	110
4	Mt Carmel	163
5	Eleanor Roosevelt	169

3 Miles D-1 Sophomore

Official Team Scores

1	Del Norte	66
2	Mira Mesa	95
3	Mt Carmel	141
4	Burroughs (Burbank)	162
5	Rancho Bernardo	172
6	Rancho Cucamonga	189

3 Miles D-1 Fresh

Official Team Scores

1	Mt Carmel	84
2	Eleanor Roosevelt	92
3	Del Norte	116
4	Westview	181
5	San Dieguito Academy	196
6	Canyon Crest Academy	224
7	Torrey Pines	226
8	Rancho Bernardo	233

44th Mt. Carmel/ASICS XC Invitational

Saturday, September 21, 2024, @ Morley Field, CA
2.0 Miles



42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA



Girls Results

5,000 Meters Girls Varsity (1-3)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
6	Riley Biddle	10	558		18:20.4	5:54.2
16	Anna Grant	11	613		19:10.5	6:10.3
29	Livia Dangio	11	633		20:12.9	6:30.4

5,000 Meters Girls Varsity (4 & 5)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
9	Riley Desbois	10			21:10.3	6:48.9
35	Angelina Barron	10			23:42.1	7:37.7

5,000 Meters Girls Varsity (6 & 7)

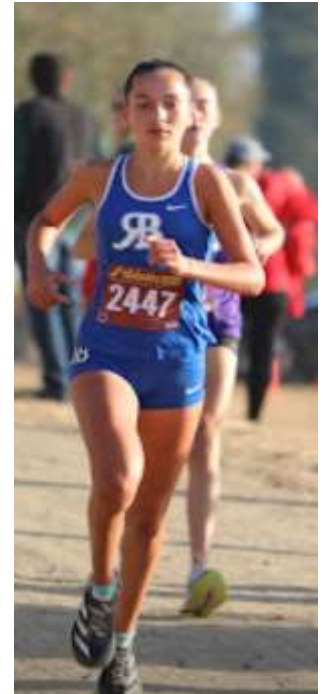
PL	NAME	GR	1MILE	2MILE	FINISH	PACE
3	Sophia Baccei	11			22:02.8	7:05.8
9	Charlize Chammas	11			22:55.9	7:22.9

5,000 Meters Division 1 & 2 Novice Girls

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
10	Rebecca Davis	10			23:01.9	7:24.8
14	Savannah Maguire	10			23:17.0	7:29.7
30	Paige Moidek	11			25:49.2	8:18.6
43	Rayna Lim	9			27:33.3	8:52.1
48	Madilyn Fuentes	9			29:31.9	9:30.3

5,000 Meters Division 1 Junior Varsity Girls

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
5	Meadow Cannon	12	725	1517	23:27.2	7:32.9
15	Emilie Carter	11	738	1531	24:20.7	7:50.2
17	Rheya Cummins	12	720	1524	24:34.1	7:54.5



Novice Girls

Official Team Scores

1 Poway	29
2 Carlsbad	50
3 Westview	68
4 Rancho Bernardo	77

42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA



42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA

Boys Results

5,000 Meters Boys Varsity (1-3)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	455	959	15:23.9	4:57.4
20	Naoya Mizui	12	520	1045	16:29.5	5:18.5
35	Jayden Moffit	11	521	1042	16:59.3	5:28.1

5,000 Meters Boys Varsity (4&5)

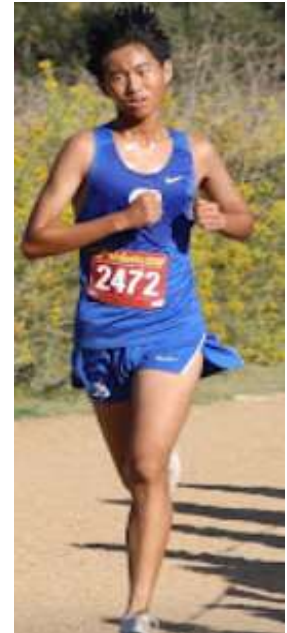
PL	NAME	GR	1MILE	2MILE	FINISH	PACE
3	Devin Cottom	11	524	1046	16:43.0	5:22.8
10	William Liu	11	541	1113	17:25.1	5:36.4

5,000 Meters Boys Varsity (6&7)

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
8	Zain Alemi	11	540	1133	17:45.2	5:42.8
15	Daniel Yip	11	549	1142	18:14.0	5:52.1

5,000 Meters Division 1 & 2 Novice

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
4	Antonio Ramirez	9	541	1139	18:04.6	5:49.1
7	Max Backer	9	552	1150	18:22.1	5:54.7
33	Tevin Sessoms	9	620	1253	19:55.0	6:24.6
57	Cole Miller	9	640	1335	21:03.9	6:46.8
76	Kai Pisor	9	650	1402	21:57.2	7:04.0
104	Pouria Ebadi Haghighi	10			23:45.8	7:38.9
129	Jacob Tesiero	9	725		26:41.4	8:35.4
134	Lukasz Odwazny	9			27:23.5	8:49.0



Novice Boys

Official Team Scores

1	San Clemente	66
2	Westview	73
3	Del Norte	89
4	El Camino (Oceanside)	109
5	Rancho Bernardo	135
6	Poway	136
7	Torrey Pines	190
8	San Pasqual	210
9	San Diego	217
10	Canyon Crest Academy	225
11	Canyon Springs	297
12	Sage Creek	332

42nd Annual Asics Southern Cal Invitational

Saturday, October 12, 2024 Guajome Park Course ~ Oceanside, CA

5,000 Meters Division 1 JV Boys

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
8	Sebastian Nicholas	10	556		18:41.5	6:01.0
23	Minseo Sakong	10	602		19:19.2	6:13.1
32	Jacob Stoffers	10	609		19:42.4	6:20.6
61	Lucas Bradbury	11	614		20:33.1	6:36.9
63	David Zhang	12	637		20:35.5	6:37.7
95	Jonathan Ng	11	620		21:56.9	7:03.9



JV Boys

Official Team Scores

1	El Camino (Oceanside)	57
2	Mt Carmel	70
3	San Clemente	72
4	Del Norte	78
5	Poway	116
6	Rancho Bernardo	178
7	Westview	201
8	Classical Academy	218
9	San Pasqual	275
10	Oceanside	286
11	Canyon Crest Academy	296
12	Carlsbad	298
13	Torrey Pines	308

Palomar League Cluster #2,

Saturday, October 19, 2024 @ Del Norte HS Campus Course



Girls Results

3 Miles Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
10	Anna Grant	11	549	1159	18:05.5	6:01.8
14	Kate Hendrickson	12	559	1215	18:16.1	6:05.4
20	Livia Dangio	11	559	1224	18:54.7	6:18.2
29	Riley Desbois	10	630	1309	19:32.2	6:30.7
40	Sophia Baccei	11	630	1328	20:26.4	6:48.8
45	Meadow Cannon	12	644	1358	21:00.1	7:00.0
48	Rheya Cummins	12	630	1346	21:13.0	7:04.3
49	Charlize Chammas	11	648	1424	21:56.0	7:18.7

3 Miles Varsity

Official Team Scores

1 Del Norte	19
2 Poway	68
3 Mt Carmel	73
4 Rancho Bernardo	109
5 Westview	116
6 Mission Hills	137

3 Miles Junior Varsity

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
7	Rebecca Davis	10	632	13:59	21:03.8	7:01.3
8	Ruby Norton	10	633	13:59	21:05.8	7:01.9
9	Savannah Maguire	10	643	14:04	21:07.7	7:02.6
24	Emilie Carter	11	722	14:23	21:46.0	7:15.3
28	Angelina Barron	10	639	14:29	22:03.3	7:21.1
38	Paige Moidek	11	730	15:30	23:23.9	7:48.0
46	Rayna Lim	9	730	16:00	24:13.0	8:04.3
50	Madilyn Fuentes	9	730	16:38	25:24.7	8:28.2

3 Miles JV

Official Team Scores

1 Del Norte	27
2 Rancho Bernardo	75
3 Mt Carmel	81
4 Mission Hills	89
5 Poway	105
6 Westview	123



Palomar League Cluster #2,

Saturday, October 19, 2024 @ Del Norte HS Campus Course

Boys Results

3 Miles Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	440	932	14:31.5	4:50.5
14	Naoya Mizui	12	502	1023	15:34.0	5:11.3
16	Devin Cottom	11	500	1010	15:36.5	5:12.2
17	Jayden Moffit	11	500	1011	15:36.9	5:12.3
29	William Liu	11	517	1050	15:56.7	5:18.9
32	Jose Ramirez	12	515	1030	16:15.4	5:25.1
37	Antonio Ramirez	9	518	1100	16:22.5	5:27.5
45	Zain Alemi	11	525	1109	16:45.4	5:35.1
46	Daniel Yip	11	521		16:46.2	5:35.4
50	Trevor Cottom	10	540		17:10.2	5:43.4
51	Sebastian Nicholas	10	505	1040	17:22.7	5:47.6
52	Max Backer	9			17:23.4	5:47.8

3 Miles Varsity

Official Team Scores

1 Del Norte	41
2 Poway	71
3 Rancho Bernardo	77
4 Westview	81
5 Mt Carmel	89
6 Mission Hills	159



3 Miles Junior Varsity

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
7	Minseo Sakong	10	528	1118	17:25.8	5:48.6
30	Jacob Stoffers	10	548	1159	18:15.0	6:05.0
31	Jonathan Ng	11	542	1153	18:24.1	6:08.0
33	Lucas Bradbury	11	539	1203	18:29.6	6:09.9
45	David Zhang	12		1300	19:23.4	6:27.8
62	Alexander Hoxha	11	610	1320	20:53.1	6:57.7

3 Miles JV

Official Team Scores

1 Del Norte	22
2 Mt Carmel	72
3 Poway	72
4 Westview	73
5 Rancho Bernardo	130
6 Mission Hills	178

3 Miles Frosh

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
15	Tevin Sessoms	9	605	1239	19:07.2	6:22.4
22	Kai Pisor	9	615	1316	20:15.9	6:45.3
27	Jacob Tesiero	9	650	1352	20:41.3	6:53.8
34	Kyle Clayton	9	636	1426	22:48.6	7:36.2
35	Lukasz Odwazny	9	705	1525	23:38.7	7:52.9

3 Miles Frosh

Official Team Scores

1 Del Norte	23
2 Westview	41
3 Rancho Bernardo	79



Jaguar Kit Carson XC Invitational

Friday, October 25, 2024 Kit Carson Park ~ Escondido, CA

Girls Results

2.75 Miles Black Division Varsity

PL	NAME	GR	FINISH	PACE
9	Riley Desbois	10	18:43.4	6:48.5
19	Anvi Kakar	12	19:26.6	7:04.2
29	Meadow Cannon	12	20:00.2	7:16.4
35	Savannah Maguire	10	20:18.0	7:22.9
47	Rheya Cummins	12	20:47.8	7:33.7
51	Charlize Chammas	11	20:57.2	7:37.2
56	Emilie Carter	11	21:05.5	7:40.2
61	Angelina Barron	10	21:30.1	7:49.1
65	Emily Lorenz	10	21:45.8	7:54.8
90	Madilyn Fuentes	9	26:57.1	9:48.0

2.75 Miles Varsity

Official Team Scores

1 Del Norte	55
2 Valley Center	57
3 Trabuco Hills	83
4 Rancho Bernardo	110
5 San Dieguito Academy	134
6 Granite Hills	148
7 Mission Hills	171
8 Paloma Valley	223
9 Westview	225
10 Heritage (Menifee)	226
11 Mission Vista	246
12 Palo Verde	330



Jaguar Kit Carson XC Invitational

Friday, October 25, 2024 Kit Carson Park ~ Escondido, CA

Boys Results

3.05 Miles Black Division JV

PL	NAME	GR	FINISH	PACE
26	Zain Alemi	11	18:16.0	5:59.3
33	Daniel Yip	11	18:30.6	6:04.1
37	Max Backer	9	18:34.8	6:05.5
42	Trevor Cottom	10	18:56.2	6:12.5
51	Minseo Sakong	10	19:07.3	6:16.2
76	Sebastian Nicholas	10	20:10.0	6:36.7
77	David Zhang	12	20:13.5	6:37.9
83	Jacob Stoffers	10	20:24.3	6:41.4
86	Jonathan Ng	11	20:28.7	6:42.8
102	Lucas Bradbury	11	21:41.3	7:06.7

3.05 Miles JV

Official Team Scores

1 Del Norte	24
2 Granite Hills	87
3 Valley Center	97
4 Calvin Christian	120
5 Rancho Bernardo	125
6 Canyon Crest Academy	147
7 Westview	161
8 San Dieguito Academy	189
9 Mission Vista	242
10 Mission Hills	282

3.05 Miles Black/Teal Division Frosh

PL	NAME	GR	FINISH	PACE
5	Tevin Sessoms	9	19:22.2	5:32.1
47	Cole Miller	9	21:26.3	6:07.5
54	Jacob Tesiero	9	21:56.1	6:16.0
60	Kai Pisor	9	22:13.4	6:21.0
93	Kyle Clayton	9	24:20.2	6:57.2
109	Lukasz Odwazny	9	29:05.9	8:18.8

3.05 Miles JV

Official Team Scores

1 Point Loma	66
2 Del Norte	70
3 Otay Ranch	87
4 Scripps Ranch	105
5 Mission Vista	120
6 Paloma Valley	136
7 Bonita Vista	162
8 Rancho Bernardo	181
9 Escondido Charter	191



76th Annual Mt. SAC XC Invitational

Saturday, October 26, 2024 Mt. San Antonio College ~ Walnut, CA



Girls Results

3.0 Miles D1&2 Individual Sweepstakes

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
18	Riley Biddle	10	544	1215	18:43	6:14
39	Kate Hendrickson	12	559	1314	20:06	6:42
42	Anna Grant	11	600	1321	20:07	6:42
54	Livia Dangio	11	559	1311	20:22	6:47
98	Sophia Baccei	11	639	1449	22:35	7:31
111	Rebecca Davis	10	644	1553	24:32	8:10
112	Ruby Norton	10	644	1601	24:37	8:12

Official Team Scores

1	Crescenta Valley	110
2	Arcadia	116
3	Vista Murrieta	157
4	Clovis West	159
5	Poly (Long Beach)	166
6	Patrick Henry	179
7	Ayala	188
8	Peninsula	201
9	Rancho Bernardo	225
10	Canyon Crest Academy	235
11	Santa Monica	244
12	Westview	276
13	Norco	316
14	Helix	318
15	Westlake	333
16	Rancho Cucamonga	355
17	Etiwanda	402



76th Annual Mt. SAC XC Invitational

Saturday, October 26, 2024 Mt. San Antonio College ~ Walnut, CA

Boys Results

3.0 Miles D1&2 Individual Sweepstakes

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	454	1007	15:20	5:06
43	Naoya Mizui	12	516	1104	16:44	5:34
54	Devin Cottom	11	513	1111	17:03	5:41
56	Jose Ramirez	12	520	1127	17:05	5:41
81	Jayden Moffit	11	506	1120	17:32	5:50
94	Antonio Ramirez	9	532	1155	18:00	6:00
116	William Liu	11	525	1129	22:21	7:27

Official Team Scores

1	Santiago (Corona)	147
2	La Serna	161
3	Valley View	164
4	Ventura	171
5	Poway	174
6	Steele Canyon	194
7	Eleanor Roosevelt	196
8	Lancaster	210
9	Fountain Valley	216
10	Rancho Bernardo	220
11	University Irvine	226
12	Chaffey	245
13	Northwood	257
14	Camarillo	269
15	Pleasant Grove	269
16	Cajon	304





Palomar League JV Cluster #3

Friday, November 1, 2024 @ Kit Carson Park CC Course

Girls Results

3.0 Miles JV

PL	FIRST	GR	FINISH	PACE
4	Rebecca Davis	10	22:08.2	7:22.7
9	Emily Lorenz	10	22:43.0	7:34.3
10	Ruby Norton	10	22:54.6	7:38.2
15	Savannah Maguire	10	23:04.2	7:41.4
25	Charlize Chammas	11	24:06.3	8:02.1
30	Emilie Carter	11	24:18.8	8:06.3
33	Angelina Barron	10	24:36.8	8:12.3
40	Rayna Lim	9	25:28.0	8:29.3
49	Madilyn Fuentes	9	27:55.7	9:18.6

3.0 Miles JV

Official Team Scores

1 Mission Hills	42
2 Del Norte	45
3 Rancho Bernardo	48
4 Westview	81

3.0 Miles Senior

PL	NAME	GR	FINISH	PACE
1	Meadow Cannon	12	23:26.6	7:41.2



Palomar League JV Cluster #3

Friday, November 1, 2024 @ Kit Carson Park CC Course

Boys Results

3.0 Miles JV

PL	NAME	GR	FINISH	PACE
19	Minseo Sakong	10	19:11.4	6:17.5
26	Tevin Sessoms	9	19:30.3	6:23.7
40	Jonathan Ng	11	20:08.8	6:36.3
46	Jacob Stoffers	10	20:23.3	6:41.1
54	Lucas Bradbury	11	20:47.7	6:49.1
65	Jacob Tesiero	9	21:26.5	7:01.8
68	Kai Pisor	9	21:40.7	7:06.5
81	Alexander Hoxha	11	23:15.9	7:37.7
89	Pouria Ebadi Haghighi	10	23:54.8	7:50.4
93	Lukasz Odwazny	9	25:27.3	8:20.8

3.0 Miles JV

Official Team Scores

1 Del Norte	29
2 Mt Carmel	56
3 Westview	56
4 Poway	98
5 Rancho Bernardo	137
6 Mission Hills	168

3.0 Miles Senior

PL	NAME	GR	FINISH	PACE
4	David Zhang	12	20:08.8	6:36.3





UC Postal 2-Mile

Saturday, November 2, 2024 @ University City High School

Girls Results

2 Miles Varsity - Section 1

PLACE <small>(overall)</small>	PL	NAME	GR	FINISH	PACE
45	12	Livia Dangio	11	11:59.3	5:59.6
78	16	Sophia Baccei	11	12:30.1	6:15.0

Name	402m	804m	1206m	1609m	2011m	2413m	2815m	3218m
Livia Dangio	84	247	418	550	723	857	1030	11:59
Sophia Baccei	84	257	431	606	743	919	1102	12:31



UC Postal 2-Mile

Saturday, November 2, 2024 @ University City High School

Boys Results

2 Miles Varsity - Section 1

PLACE (overall)	PL	NAME	GR	FINISH	PACE
2	2	Camden Luecht	12	9:21.3	4:40.7
40	12	Naoya Mizui	12	10:05.6	5:02.8
42	14	Jayden Moffit	11	10:06.0	5:03.0
45	27	Jose Ramirez	12	10:07.5	5:03.7
110	10	Zain Alemi	11	10:38.5	5:19.3
148	36	Antonio Ramirez	9	10:48.5	5:24.3
161	16	Sebastian Nicholas	10	10:51.4	5:25.7
162	28	Daniel Yip	11	10:52.0	5:26.0
229	38	Trevor Cottom	10	11:16.3	5:38.1

SPLITS

Name	402m	804m	1206m	1609m	2011m	2413m	2815m	3218m
Camden Luecht	65	215	326	436	549	702	816	9:21
Naoya Mizui	72	227	344	500	618	736	856	10:07
Jayden Moffit	76	230	348	504	618	735	853	10:05
Jose Ramirez	76	229	348	504	617	735	852	10:06
Zain Alemi	75	235	357	517	641	806	930	10:48
Antonio Ramirez	76	234	355	514	637	757	919	10:38
Sebastian Nicholas	76	234	355	515	635	803	928	10:52
Daniel Yip	78	240	402	526	652	822		11:16
Trevor Cottom	79	241	403	523	645	808	931	10:51

North County Conference Championships

Saturday, November 9, 2024 @ Kit Carson Course - Escondido, CA



Girls Results

3.05 Miles Palomar League

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
3	Riley Biddle	10	5:57	12:07	18:56.8	6:12.7
10	Anna Grant	11	6:13	12:51	19:51.3	6:30.6
12	Kate Hendrickson	12	6:17	13:05	19:56.5	6:32.3
19	Riley Desbois	10	6:35	13:29	20:41.3	6:47.0
20	Livia Dangio	11	6:20	13:17	20:43.2	6:47.6
37	Emily Lorenz	10	6:46	14:10	22:13.2	7:17.1
41	Sophia Baccei	11	6:44	14:17	22:27.0	7:21.6
49	Rebecca Davis	10	6:54	14:35	22:57.9	7:31.8
50	Savannah Maguire	10	6:58	14:35	23:05.3	7:34.2
56	Meadow Cannon	12	7:19	15:37	24:11.9	7:56.0
59	Charlize Chammas	11	7:19	15:37	24:17.2	7:57.8

Official Team Scores

1 Del Norte	25
2 Poway	63
3 Rancho Bernardo	64
4 Mt Carmel	79
5 Mission Hills	129
6 Westview	143



	LEAGUE STANDINGS		
FINAL		WINS	LOSSES
1 Del Norte		20	0
2 Poway		16	4
3 Rancho Bernardo		10	10
3 Mt Carmel		10	10
5 Westview		2	18
6 Mission Hills		2	18

North County Conference Championships

Saturday, November 9, 2024 @ Kit Carson Course - Escondido, CA

Boys Results

3.05 Miles Palomar League

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
1	Camden Luecht	12	4:57	10:18	15:45.5	5:10.0
10	Jose Ramirez	12	5:11	10:46	16:44.0	5:29.2
13	Naoya Mizui	12	5:17	11:03	17:08.7	5:37.3
35	William Liu	11	5:27	11:35	18:08.0	5:56.7
39	Zain Alemi	11	5:32	11:43	18:19.3	6:00.4
46	Daniel Yip	11	5:44	11:58	18:37.7	6:06.5
48	Trevor Cottom	10	5:44	11:58	18:40.5	6:07.4
49	Sebastian Nicholas	10	5:44	12:07	18:48.7	6:10.1
51	Devin Cottom	11	5:32	11:50	19:03.8	6:15.0
54	Max Backer	9	5:48	12:16	19:08.8	6:16.7
60	Antonio Ramirez	9	5:44	12:12	19:35.4	6:25.4
64	Jayden Moffit	11	5:32		21:05.9	6:55.0

Official Team Scores

1 Poway	51
2 Del Norte	55
3 Westview	68
4 Rancho Bernardo	88
5 Mt Carmel	112
6 Mission Hills	139



LEAGUE STANDINGS

FINAL	WINS	LOSSES
1 Del Norte	18	2
2 Poway	16	4
3 Rancho Bernardo	10	10
4 Westview	9	11
5 Mt Carmel	7	13
6 Mission Hills	0	20



CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA

2.96 Miles Div I Girls

PL	FIRST	GR	1MILE	2MILE	FINISH	PACE
8	Riley Biddle	10	5:44	12:26	18:33.8	6:16.3
16	Kate Hendrickson	12	6:09	13:10	19:10.1	6:28.5
26	Anna Grant	11	6:14	13:14	19:29.1	6:35.0
39	Riley Desbois	10	6:19	13:56	20:02.7	6:46.3
48	Livia Dangio	11	6:35	13:46	20:31.8	6:56.1
78	Savannah Maguire	10	6:51	14:29	21:27.7	7:15.0
89	Sophia Baccei	11	6:46	14:53	22:04.5	7:27.5

1 Del Norte	33
2 Canyon Crest Academy	88
3 Poway	101
4 Patrick Henry	105
5 Rancho Bernardo	137
6 Eastlake	192
7 Torrey Pines	196
8 Mission Hills	224
9 El Camino (Oceanside)	249
10 Helix	279
11 Westview	283
12 Carlsbad	291
13 Granite Hills	353
14 Otay Ranch	358
15 Olympian	379
16 Calexico	474
17 Sweetwater	489



CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA



2.96 Miles Div I Boys

PL	NAME	GR	1MILE	2MILE	FINISH	PACE
2	Camden Luecht	12	4:58	10:23	15:15.0	5:09.1
21	Naoya Mizui	12	5:23	11:13	16:26.2	5:33.2
26	Jose Ramirez	12	5:23	11:13	16:32.7	5:35.4
48	Jayden Moffit	11	5:17	11:21	17:01.5	5:45.1
61	William Liu	11	5:38	11:44	17:21.0	5:51.7
96	Antonio Ramirez	9	5:47	12:06	17:58.4	6:04.3
122	Devin Cottom	11	5:33	12:37	18:55.2	6:23.5

1 Del Norte	65
2 Poway	68
3 Westview	104
4 Torrey Pines	118
5 Rancho Bernardo	158
6 Carlsbad	188
7 Helix	190
8 San Marcos	207
9 Mira Mesa	265
10 Otay Ranch	270
11 El Camino (Oceanside)	277
12 Olympian	292
13 Mission Hills	315
14 Patrick Henry	344
15 Canyon Crest Academy	348
16 Granite Hills	401
17 Eastlake	435
18 Sweetwater	490
19 San Ysidro	598



CIF San Diego Section Championships

Saturday, November 16, 2024 @ Morley Field XC Course ~ San Diego, CA



37th CIF State Championships

Saturday, November 30, 2024 @ Woodward Park, Fresno CA



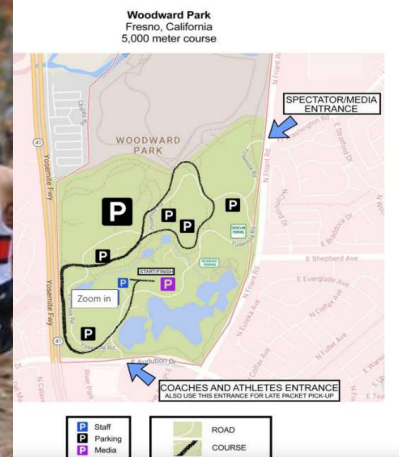
5K Div I Girls

PL	NAME (bib#)	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
66	Riley Biddle (1425)	10	5:47.3 (68)	12:48.1 (61)	18:55.1	6:05.0



5K Div I Boys

PL	NAME (bib#)	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
13	Camden Luecht	12	4:48.1 (9)	10:29.5 (13)	15:25.8	4:57.7



RANCHO BERNARDO HIGH SCHOOL GIRLS CROSS COUNTRY HISTORY

GIRLS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1991	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1992	PALOMAR	DON JONES	3 WINS - 4 LOSSES	4TH
1993	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1994	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1995	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1996	PALOMAR	DON JONES	4 WINS - 3 LOSSES	5TH
1997	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1998	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
1999	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
2000	PALOMAR	TERRY DOCKERY	3 WINS - 2 LOSSES	3RD
2001	PALOMAR	TERRY DOCKERY	4 WINS - 1 LOSSES	2ND
2002	PALOMAR	TERRY DOCKERY	7 WINS - 3 LOSSES	2ND
2003	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST (TIE)
2004	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2005	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2006	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2007	PALOMAR	TERRY DOCKERY	6 WINS - 3 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2009	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2010	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2011	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2012	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST (TIE)
2013	PALOMAR	TERRY DOCKERY	16 WINS - 4 LOSSES	2ND
2014	PALOMAR	TERRY DOCKERY	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	TERRY DOCKERY	15 WINS - 5 LOSSES	2ND
2016	PALOMAR	TERRY DOCKERY	14 WINS - 6 LOSSES	3RD
2017	PALOMAR	TERRY DOCKERY	20 WINS - 0 LOSSES	1ST
2018	PALOMAR	TERRY DOCKERY	14 WINS - 2 LOSSES	1ST (TIE)
2019	PALOMAR	TERRY DOCKERY	8 WINS - 8 LOSSES	3RD (TIE)
2020	PALOMAR	TERRY DOCKERY	5 WINS - 0 LOSSES	1ST
2021	PALOMAR	TERRY DOCKERY	5 WINS - 15 LOSSES	5TH
2022	PALOMAR	BOB MUSHECK	8 WINS - 12 LOSSES	5TH
2023	PALOMAR	TERRY DOCKERY	12 WINS - 8 LOSSES	3RD
2024	PALOMAR	TERRY DOCKERY	10 WINS - 10 LOSSES	3RD (TIE)

OVERALL RECORD : 270 WINS - 132 LOSSES (.677%)

RANCHO BERNARDO HIGH SCHOOL BOYS CROSS COUNTRY HISTORY

BOYS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	3 WINS - 4 LOSSES	6TH
1991	AVOCADO	DON JONES	3 WINS - 4 LOSSES	3RD
1992	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1993	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1994	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1995	PALOMAR	DON JONES	2 WINS - 5 LOSSES	5TH
1996	PALOMAR	DON JONES	7 WINS - 0 LOSSES	2ND
1997	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1998	PALOMAR	DON JONES	0 WINS - 5 LOSSES	5TH
1999	PALOMAR	DON JONES	1 WIN - 4 LOSSES	5TH
2000	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2001	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2002	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2003	PALOMAR	TERRY DOCKERY	5 WINS - 5 LOSSES	3RD
2004	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2005	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2006	PALOMAR	TERRY DOCKERY	8 WINS - 2 LOSSES	2ND
2007	PALOMAR	TERRY DOCKERY	7 WINS - 2 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2009	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2010	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2011	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2012	PALOMAR	JAYSON FULTZ	1 WIN - 9 LOSSES	5TH (TIE)
2013	PALOMAR	JOHN COLSON	0 WIN - 20 LOSSES	6TH
2014	PALOMAR	JOHN COLSON	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	JOHN COLSON	17 WINS - 3 LOSSES	1ST
2016	PALOMAR	JOHN COLSON	9 WINS - 11 LOSSES	4TH
2017	PALOMAR	JOHN COLSON	8 WINS - 12 LOSSES	4TH
2018	PALOMAR	JOHN COLSON	6 WINS - 10 LOSSES	3RD (TIE)
2019	PALOMAR	JOHN COLSON	1 WIN - 15 LOSSES	5TH
2020	PALOMAR	JOSE RAMIREZ	0 WIN - 5 LOSSES	5TH
2021	PALOMAR	BOB MUSHECK	2 WIN - 18 LOSSES	6TH
2022	PALOMAR	BOB MUSHECK	10 WIN - 10 LOSSES	3RD
2023	PALOMAR	BOB MUSHECK	10 WIN - 10 LOSSES	3RD (TIE)
2024	PALOMAR	KEVIN SCHUBERT	10 WIN - 10 LOSSES	3RD

OVERALL RECORD : 180 WINS - 222 LOSSES (.448%)

RBHS ALL-TIME TOP 10 LIST

BOYS

GIRLS

BRONCO ROUND-UP KIT CARSON 2 MILE (RECORDS START 2005 DUE TO CHANGE IN COURSE **CHANGED IN 2021)

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	9:52	2024
2	DIMITRI VOYTILLA	9:53	2011
3	GEOFF BOGAN	9:53	2009
4	BRENDAN GEE	10:01	2012
5	NOAH RESTO	10:02	2009
6	FUYUKI KUROIWA	10:02	2016
7	PARKER STINSON	10:03	2007
8	MIKIO KUROIWA	10:03	2014
9	SENRI KUROIWA	10:05	2016
10	WYATT HILL	10:06	2014

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	10:53	2009
2	DANIELLE VOYLES	11:23	2012
3	NIA AKINS	11:34	2015
4	RILEY BIDDLE	11:38	2024
5	JACEY FARMER	11:39	2019
6	ASHLEY LEARN	11:44	2019
7	LAUREN VOYLES	11:44	2012
8	CAROLINE DRAPER	11:47	2007
9	KATIE SAMMER	12:00	2013
10	KRISTA EGENSE	12:02	2005

MT. SAC COURSE (3.0 MILES starting 2024 prior 2.93 MILES)

RANK	NAME	TIME	YEAR	2.93
1	CAMDEN LUECHT	15:20	2024	14:58
2	PARKER STINSON	15:33	2007	15:12
3	COLTON TULLY-DOYLE	15:38	2005	15:17
4	KEVIN MIHALIK	15:45	2011	15:23
5	GEOFF BOGAN	15:51	2010	15:29
6	NOAH RESTO	15:54	2009	15:32
7	CARL DARGITZ	15:55	2005	15:33
8	BRENDAN GEE	16:01	2012	15:39
9	DIMITRI VOYTILLA	16:04	2010	15:42
10	BURAK TUFEKCI	16:06	2015	15:44

RANK	NAME	TIME	YEAR	2.93
1	MOLLY GRABILL	17:04	2009	16:41
2	JACEY FARMER	18:21	2021	17:56
3	NIA AKINS	18:26	2015	18:01
4	DANIELLE VOYLES	18:28	2012	18:03
5	BRYANNA FULLER	18:35	2014	18:09
6	RILEY BIDDLE	18:43	2024	18:16
7	CAROLINE DRAPER	18:46	2008	18:20
8	ASHLEY LEARN	18:51	2017	18:25
9	LAUREN VOYLES	18:53	2011	18:27
10	MICHELLE LEROUX	19:01	2009	18:35

c = convert to 2024 course 3.0 MILES

MORLEY FIELD CIF COURSE (BOYS 2.96 MILES - GIRLS 2.96 MILES) ** New Course as of 2017 **

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	15:15	2024
2	TREVOR BOAZ	15:43	2018
3	LUIS BARRON	15:46	2018
4	BRANDON DAY	15:59	2022
5	JUSTIN FERGUSON	16:11	2018
6	VAUGHN LACOUR	16:12	2021
7	BOBBY SANTOS	16:13	2017
8	ROWAN NICHOLAS	16:16	2022
9	NAOYA MIZUI	16:27	2024
10	MAX SCHALLER	16:30	2023

RANK	NAME	TIME	YEAR
1	JACEY FARMER	17:27	2021
2	ASHLEY LEARN	18:14	2018
3	AUDRA SUTHERLAND	18:26	2021
4	RILEY BIDDLE	18:34	2024
5	EMMA GEORGE	18:39	2019
6	ALLISON BOAZ	19:04	2017
7	ALYSSA TIVADAR	19:11	2017
8	KATE HENDRICKSON	19:11	2024
9	MADISON LORENZ	19:15	2023
10	VICTORIA DINOVI	19:21	2019

MORLEY FIELD CIF COURSE (BOYS 3.05 MILES - GIRLS 2.75 MILES) ** before 2017 **

RANK	NAME	TIME	YEAR	c
1	KEVIN MIHALIK	15:54	2011	15:25
2	SEAN RICKETTS	15:55	1998	15:26
3	COLTON TULLY-DOYLE	16:04	2005	15:35
4	DIMITRI VOYTILLA	16:15	2011	15:46
5	JEFF MEISNER	16:16	1994	15:47
6	PARKER STINSON	16:22	2007	15:53
7	FUYUKI KUROIWA	16:31	2016	16:01
8	JEFF STEWART	16:32	2014	16:02
9	RYAN SHORT	16:33	1994	16:03
10	WYATT HILL	16:35	2014	16:05

RANK	NAME	TIME	YEAR	c
1	MOLLY GRABILL	*15:25	2009/10	16:36
2	LINDSAY DELAMONTAIGNE	16:03	2001	17:16
3	JULIE MANSON	16:23	1999	17:38
4	KATIE SAMMER	16:25	2013	17:40
5	DANIELLE VOYLES	16:33	2012	17:48
6	ALLISON HALL	16:36	1999	17:52
7	NIA AKINS	16:40	2015	17:56
8	CAROLINE DRAPER	16:41	2008	17:57
9	ELISA KARHU	16:45	2009	18:01
10	LAUREN VOYLES	16:48	2011	18:04

c = convert to 2017 course 2.96 MILES

*course recorded

WOODWARD PARK STATE MEET COURSE (5000 Meters)

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	15:26	2024
2	SEAN RICKETTS	15:37	1999
3	PARKER STINSON	15:38	2007
4	KEVIN MIHALIK	15:40	2011
5	ANTHONY GIROLAMO	15:52	2010
6	GEOFF BOGAN	15:58	2010
7	FUYUKI KUROIWA	16:00	2015
8	DIMITRI VOYTILLA	16:01	2010
9	WYATT HILL	16:01	2014
10	FUYUKI KUROIWA	16:04	2016

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	17:06	2009
2	JACEY FARMER	17:41	2021
3	LINDSAY DELAMONTAIGNE	17:57	2004
4	CAROLINE DRAPER	18:14	2008
5	NIA AKINS	18:15	2015
6	KATIE SAMMER	18:22	2013
7	ASHLEY LEARN	18:24	2018
8	ELISA KARHU	18:25	2009
9	KALEENA YEE	18:30	1997
10	JULIE MANSON	18:31	1999

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

GIRLS

LEAH BROWN (1991, 1992)

LAURA LEECH (1992)

KAREN RICHTER (1993)

SARAH WILKINS (*1995, 1996, 1998)

CHRISTINE KITCHEN (1995)

JULIE MANSON (1996, 1997, *1998, *1999)

KALEENA YEE (1997, 1999, 2000)

KATIE BOYD (1997, 1998)

ALLISON HALL (1998, 1999, 2000, 2001)

JAMIE DOYLE (1999)

LINDSAY DELAMONTAIGNE (*2001, 2002, 2003, 2004)

AIMEE BRADLEY (2002)

AMY SONNENBURG (2002)

AHNALISE DRAPER (2002)

DANA GERSTEN (2003)

KIYARA IRAVANIAN (2004)

KRISTA EGENSE (2004, 2005, 2006)

CAROLINE DRAPER (2006, 2007, 2008)

MOLLY GRABILL (2007, *2008, *2009, *2010)

MICHELLE LEROUX (2008, 2009)

DARINA DINOVA (2008, 2009)

ELISA KARHU (2009)

DANIELLE VOYLES (2011,2012)

LAUREN VOYLES (2011. 2012)

NIA AKINS (2012, *2013, 2014, *2015)

KATIE SAMMER (2013)

BRYANNA FULLER (2014)

KASSADY LEARN (2014,2016)

SYDNEY PRESNELL (2015)

ALI HARPER (2016)

ALYSSA TIVADAR (2017)

ALLISON BOAZ (2017)

ASHLEY LEARN (2017, 2018, 2019)

JACEY FARMER (*2018,*2021)

EMMA GEORGE (2019)

AUDRA SUTHERLAND (2021,2022)

RILEY BIDDLE (2023, 2024)

ANNA GRANT (2024)

* *LEAGUE CHAMPION*

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

BOYS

SCOTT KOLENIC (1990, 1991, 1992)
JOSE LUNA (1992)
JEFF MEISNER (1993, 1994)
RYAN SANDERS (1993)
RYAN SHORT (1994)
ERON TELLO (1995, 1996)
MATT GALAVIZ (1996)
SEAN RICKETTS (1996, 1997, *1998, 1999)
MATT LEETCH (2002)
BRETT THOMASON (2002)
MATT SCHUBERT (2003)
COLTON TULLY-DOYLE (2004, 2005)
CARL DARGITZ (2005)
PARKER STINSON (2006, *2007)
JARED FENLASON (2006)
JAKE WERTNER (2006)
SEAN PROEHL (2007)
NOAH RESTO (2007, 2008, 2009)
ANTHONY GIROLAMO (2008, 2010)
KEVIN MIHALIK (2010, 2011)
DIMITRI VOYTILLA (2011)
BRENDAN GEE (2012)
ALEX GRIGORIEV (2012)
WYATT HILL (2014)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
TRISTAN CAPARAS (2015)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
MILES JONES (2019)
BRANDON DAY (2022)
MAX SCHALLER (2023)
CAMDEN LUECHT (2021, 2022, 2023, *2024)
JOSE RAMIREZ (2024)

* LEAGUE CHAMPION

RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY SAN DIEGO SECTION ALL-CIF SELECTIONS (FINISH IN TOP 20)

GIRLS

LEAH BROWN (1992)
LAURA LEECH (1992)
KAREN RICHTER (1993)
SARAH WILKINS (1995, 1996)
JULIE MANSON (1996, 1997, 1998, 1999)
KALEENA YEE (1997, 1999)
ALLISON HALL (1998, 1999, 2001)
JAMIE DOYLE (1999)
LINDSAY DELAMONTAIGNE (2001, 2002, 2003, 2004)
CAROLINE DRAPER (2005, 2006, 2007, 2008)
MOLLY GRABILL (2007, 2008, 2009, 2010)
ELISA KARHU (2009)
MICHELLE LEROUX (2009)
DANIELLE VOYLES (2011, 2012)
KATIE SAMMER (2013)
BRYANNA FULLER (2014)
KASSADY LEARN (2014, 2016)
SYDNEY PRESNELL (2015)
NIA AKINS (2013, 2014, 2015)
ALI HARPER (2016)
ALYSSA TIVADAR (2016, 2017)
ASHLEY LEARN (2017, 2018, 2019)
ALLISON BOAZ (2017, 2018)
JACEY FARMER (2018, 2021)
VICTORIA DINOVI (2018, 2019)
EMMA GEORGE (2019)
AUDRA SUTHERLAND (2021, 2022)
MADISON LORENZ (2023)
RILEY BIDDLE (2024)
KATE HENDRICKSON (2024)



SAN DIEGO SECTION CIF CHAMPIONS

MOLLY GRABILL (2007, 2008, 2009, 2010)
LINDSAY DELAMONTAIGNE (2001, 2004)
NIA AKINS (2014, 2015)
JACEY FARMER (2021)
SARAH WILKINS (1995)

CIF TEAM CHAMPIONSHIP DIVISION 1 GIRLS (1999, 2004, 2018)

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY
SAN DIEGO SECTION ALL-CIF SELECTIONS (FINISH IN TOP 20)**

BOYS

SCOTT KOLENIC (1990)
JEFF MEISNER (1994)
MATT GALAVIZ (1995)
SEAN RICKETTS (1996, 1997, 1998, 1999)
COLTON TULLY-DOYLE (2004, 2005)
SEAN PROEHL (2007)
PARKER STINSON (2007)
GEOFF BOGAN (2010)
KEVIN MIHALIK (2010, 2011)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
LUIS BARRON (2018)
BRANDON DAY (2022)
ROWAN NICHOLAS (2022)
CAMDEN LUECHT (2022, 2023, 2024)

SAN DIEGO SECTION CIF CHAMPIONS

CIF TEAM CHAMPIONSHIP DIVISION 1 BOYS (2005, 2010)

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY 2024
COACHING STAFF AND SUPPORT TEAM**

HEAD COACH
KEVIN SCHUBERT

GIRLS COACH
TERRY DOCKERY

PRINCIPAL
HANS BECKER

ATHLETIC DIRECTOR
TRACY STOWE

ATHLETIC ASSISTANT
TERESA SMALL

ATHLETIC TRAINER
ROBBIE BOWERS, A.T.C.



THANK YOU FOR SUPPORTING RBHS CROSS COUNTRY 2024!