



RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2022



Rancho Bernardo

Broncos HS San Diego, CA |



RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2022

Boys	Grade
Georgi Andreev	12
Hudson Blattman	12
Brandon Day	12
Nolan Flores	12
Blaize Fonseca	12
Ian Kendrick	12
Jack Marsh	12
Rowan Nicholas	12
Andrew Park	12
Joshua Shrader	12
Evan Stup	12
Joshua Chang	11
Antonio Correa	11
Dylan Lent	11
Roshan Malik	11
Otis Pratt	11
Max Schaller	11
Seth Fisher	10
Nathan Gillespie	10
Nathan Gillespie	10
Camden Luecht	10
Woody McMahon	10
Naoya Mizui	10
Jose Ramirez	10
Devin Cottom	9
Trent Dalrymple	9
Jack Focht	9
William Liu	9
Jayden Moffit	9
Christian Ochoa	9
Sunny Shen	9
Seth Vanderspek	9
Daniel Yip	9
Evan Zimsky	9

Girls	Grade
Elle Maglalang	12
Vanessa Ramirez	12
Audrey Stoffel	12
Audra Sutherland	12
Renae Anderson	11
Marin Baccei	11
Jasmyne Castro	11
Ayane Coker	11
Parnian Kavoosi	11
Marley Lippincott	11
Madison Lorenz	11
Kaelyn Style	11
Rheya Cummins	10
Masantu Hummler	10
Anvi Kakar	10
Yena Kim	10
Siviana Thrall	10
Sophia Baccei	9
Mollie Brailsford	9
Charlize Chammas	9
Abigail Chong	9
Livia Dangio	9
Alexandria Dasch	9
Anna Grant	9
Teagan Hupp	9
Jimena McDonald	9
Zoey Meadows	9
Eve Parenti	9

rancho bernardo high school cross country 



2022 Season Summary

RB Cross Country



Date	Event	Course
Sat, Aug 27	Bronco Round-up	Kit Carson Park
Sat, Sep 03	CCA Ravens Fleet Feet SD XC Inv.	Canyon Crest Academy
Sat, Sep 17	Mt. Carmel/ASICS XC Invitational	Morley Field
Sat, Sep 24	Dana Hills Invitational	Dana Hills High School
Fri, Sep 30	Palomar League Cluster #1	San Dieguito Sports Park
Sat, Oct 15	Palomar League Cluster #2	Del Norte High School
Fri, Oct 21	Jaguar Kit Carson Invitational	Kit Carson Park
Sat, Oct 22	74th Annual Mt. SAC Cross Country Inv.	Mt. San Antonio College
Fri, Oct 28	Palomar JV Cluster	Kit Carson Park
Sat, Oct 29	UC Postal 2-Mile	University City High School
Thu, Nov 03	North County Conference Champ	Kit Carson Park
Sat, Nov 12	CIF San Diego Section Champ	Morley Field XC Course
Sat, Nov 26	2022 CIF State Cross Country Championships	Woodward Park, Fresno

BRONCO ROUND-UP 2022 @ Kit Carson Park

Saturday, August 27th, 2022
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Girls Results

Varsity Girls

Place	Name	Grade	FINISH	PACE
22	Vanessa Ramirez	12	12:41.4	6:20.7
45	Rena Anderson	11	13:20.7	6:40.4
65	Jasmyne Castro	11	13:44.0	6:52.0
76	Kaelyn Style	11	14:08.3	7:04.2
93	Marin Baccei	11	16:08.8	8:04.4

2 Miles D2 Varsity

Official Team Scores

1 Cathedral Catholic	50
2 Del Norte	66
3 San Marcos	126
4 Mt Carmel	130
5 El Camino (Oceanside)	143
6 University City	144
7 Poway	160
8 San Dieguito Academy	183
9 Westview	206
10 Patrick Henry	241
11 Rancho Bernardo	273
12 Otay Ranch	305
13 Carlsbad	320

JV GIRLS

Place	Name	Grade	FINISH	PACE
30	Rheya Cummins	10	15:06.6	7:33.3
49	Yena Kim	10	15:37.1	7:48.6
83	Marley Lippincott	11	17:17.6	8:38.8

2 Miles D2 Junior Varsity

Official Team Scores

1 El Camino (Oceanside)	38
2 Torrey Pines	54
3 Del Norte	77
4 San Dieguito Academy	95
5 Mt Carmel	125
6 Patrick Henry	182
7 Otay Ranch	195
8 Vista	203



BRONCO ROUND-UP 2022 @ Kit Carson Park

Saturday, August 27th, 2022

2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Frosh/Novice Girls

Place	Name	Grade	FINISH	PACE
3	Anna Grant	9	13:14.2	6:37.1
9	Zoey Meadows	9	13:36.2	6:48.1
33	Sophia Baccei	9	15:16.5	7:38.3
40	Jimena McDonald	9	15:27.6	7:43.8
48	Abigail Chong	9	16:02.8	8:01.4
54	Charlize Chammas	9	16:17.0	8:08.5
56	Eve Parenti	9	16:21.5	8:10.8
57	Livia Dangio	9	16:31.3	8:15.7

2 Miles D2 Frosh/Novice

Official Team Scores

1	Torrey Pines	66
2	Del Norte	74
3	El Camino (Oceanside)	78
4	Cathedral Catholic	91
5	Westview	104
6	Rancho Bernardo	108
7	Otay Ranch	163
8	San Marcos	215
9	Patrick Henry	268



BRONCO ROUND-UP 2022 @ Kit Carson Park

Saturday, August 27th, 2022
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Boys Results

Varsity Boys

Place	Name	Grade	FINISH	PACE
7	Camden Luecht	10	10:09.2	5:04.6
13	Brandon Day	12	10:21.1	5:10.6
23	Rowan Nicholas	12	10:38.7	5:19.3
57	Jack Marsh	12	11:18.1	5:39.0
58	Andrew Park	12	11:18.2	5:39.1
74	Hudson Blattman	12	11:38.7	5:49.4
96	Evan Stup	12	12:21.7	6:10.9
102	Georgi Andreev	12	12:47.1	6:23.6

2 Miles D2 Varsity

Official Team Scores

1 Mt Carmel	105
2 Vista	113
3 Patrick Henry	117
4 Poway	117
5 San Dieguito Academy	126
6 Rancho Bernardo	133
7 Westview	138
8 El Camino (Oceanside)	155
9 University City	163
10 Cathedral Catholic	182
11 San Marcos	323
12 Otay Ranch	331
13 Carlsbad	395

JV Boys

Place	Name	Grade	FINISH	PACE
26	Max Schaller	11	11:55.2	5:57.6
47	Jose Ramirez	10	12:15.1	6:07.6
66	Otis Pratt	11	12:30.2	6:15.1
98	Antonio Correa	11	13:00.8	6:30.4
108	Blaize Fonseca	12	13:14.3	6:37.2
122	Nolan Flores	12	13:29.9	6:44.9
154	Joshua Chang	11	14:58.3	7:29.1

2 Miles D2 Junior Varsity

Official Team Scores

1 Torrey Pines	48
2 Del Norte	59
3 Mt Carmel	116
4 San Dieguito Academy	139
5 Patrick Henry	157
6 Vista	167
7 El Camino (Oceanside)	195
8 Poway	217
9 Westview	246
10 Otay Ranch	262
11 San Marcos	264
12 Rancho Bernardo	281
13 University City	349
14 Grossmont	379



BRONCO ROUND-UP 2022 @ Kit Carson Park

Saturday, August 27th, 2022
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Frosh/Novice Boys

Place	Name	Grade	FINISH	PACE
12	William Liu	9	12:04.2	6:02.1
29	Sunny Shen	9	12:39.4	6:19.7
31	Devin Cottom	9	12:50.2	6:25.1
42	Daniel Yip	9	13:18.6	6:39.3
49	Seth Vanderspek	9	13:29.5	6:44.8
50	Jayden Moffit	9	13:30.1	6:45.1
56	Seth Fisher	10	13:36.1	6:48.1
59	Woody McMahon	10	13:47.4	6:53.7
60	Joshua Shrader	12	13:50.3	6:55.2
61	Nathan Gillespie	10	13:52.4	6:56.2
62	Evan Zimsky	9	13:55.8	6:57.9
79	Naoya Mizui	10	14:29.5	7:14.8

2 Miles D2 Frosh/Novice

Official Team Scores

1 Poway	36
2 Cathedral Catholic	62
3 El Camino (Oceanside)	128
4 Torrey Pines	135
5 Del Norte	149
6 San Dieguito Academy	151
7 Rancho Bernardo	155
8 Mt Carmel	169
9 Patrick Henry	208
10 Otay Ranch	214
11 San Marcos	329
12 Grossmont	329



CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 3, 2022 Canyon Crest Academy
3 Miles Varsity, Grade Level

Girls Results

3 Miles Senior/ Invitational

PL	NAME	GR	FINISH	PACE
32	Vanessa Ramirez	12	19:54.4	6:38.1

3 Miles Junior

PL	NAME	GR	FINISH	PACE
8	Renae Anderson	11	20:41.8	6:53.9
16	Jasmyne Castro	11	21:13.6	7:04.5
24	Kaelyn Style	11	22:05.4	7:21.8
63	Marin Baccei	11	26:07.3	8:42.4

*1.5 Miles Sophomore *changed to 1.5 because of heat

PL	NAME	GR	FINISH	PACE
46	Anvi Kakar	10	10:26.8	6:57.9
68	Rheya Cummins	10	10:53.8	7:15.9
70	Yena Kim	10	10:54.3	7:16.2

* Remaining Races Canceled due to heat

CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 3, 2022 Canyon Crest Academy
3 Miles Varsity, Grade Level

Boys Results

3 Miles Senior/ Invitational

PL	NAME	GR	FINISH	PACE
8	Camden Luecht	10	15:13.0	5:04.3
27	Brandon Day	12	16:08.9	5:23.0
59	Rowan Nicholas	12	16:56.7	5:38.9
77	Andrew Park	12	17:19.5	5:46.5
97	Jack Marsh	12	17:51.1	5:57.0
113	Hudson Blattman	12	18:19.3	6:06.4
129	Ian Kendrick	12	18:51.4	6:17.1
148	Georgi Andreev	12	19:37.3	6:32.4
184	Nolan Flores	12	21:16.2	7:05.4

3 Miles Junior

PL	NAME	GR	FINISH	PACE
74	Otis Pratt	11	20:04.4	6:41.5
79	Antonio Correa	11	20:09.3	6:43.1

3 Miles Sophomore

PL	NAME	GR	FINISH	PACE
90	Jose Ramirez	10	20:44.5	6:54.8
139	Woody McMahon	10	23:09.2	7:43.1
147	Seth Fisher	10	24:17.0	8:05.7
148	Naoya Mizui	10	24:17.2	8:05.7

* Remaining Races Canceled due to heat



Mt. Carmel/ASICS XC Invitational

Saturday, September 17, 2022, @ Morley Field, CA
3.0 Miles

Girls Results

3 Miles D-1 Senior/Invite

PL	NAME	GR	FINISH	PACE
24	Vanessa Ramirez	12	20:11.8	6:43.9
126	Audrey Stoffel	12	29:42.9	9:54.3
129	Elle Maglalang	12	35:25.0	11:48.3

3 Miles D-1 Senior/Invite

Official Team Scores

1	Los Alamitos	51
2	Canyon Crest Acade	53
3	Del Norte	69
4	Liberty	107
5	E. Roosevelt	111
6	Dana Hills	139
7	Desert Oasis	191
8	Carlsbad	200
9	Granite Hills	202
10	Olympian	236

3 Miles D-1 Junior

PL	NAME	GR	FINISH	PACE
16	Jasmyne Castro	11	21:26.6	7:08.9
24	Kaelyn Style	11	22:04.4	7:21.5
79	Marin Baccei	11	26:58.4	8:59.5

3 Miles D-1 Junior

Official Team Scores

1	Westview	45
2	San Dieguito Acader	48
3	Catalina Foothills	77
4	Del Norte	86
5	Steele Canyon	92

3 Miles D-1 Sophomore

PL	NAME	GR	FINISH	PACE
55	Anvi Kakar	10	23:09.4	7:43.1
95	Yena Kim	10	25:09.4	8:23.1
117	Masantu Hummler	10	27:01.1	9:00.4

3 Miles D-1 Sophomore

Official Team Scores

1	La Quinta (La Quinta)	28
2	Scripps Ranch	100
3	San Dieguito Acader	127
4	E. Roosevelt	163
5	San Pasqual	169

Mt. Carmel/ASICS XC Invitational

Saturday, September 17, 2022, @ Morley Field, CA
3.0 Miles

3 Miles D-1 Frosh

PL	NAME	GR	FINISH	PACE
11	Anna Grant	9	20:56.4	6:58.8
37	Abigail Chong	9	23:38.9	7:53.0
49	Sophia Baccei	9	24:14.1	8:04.7
54	Jimena McDonald	9	24:27.3	8:09.1
64	Charlize Chammas	9	24:55.1	8:18.4
69	Livia Dangio	9	25:12.6	8:24.2
88	Eve Parenti	9	26:18.1	8:46.0
109	Alexandria Dasch	9	31:12.1	10:24.0

3 Miles D-1 Frosh

Official Team Scores

1 Canyon Crest Acade	30
2 Del Norte	34
3 Torrey Pines	101
4 Rancho Bernardo	114
5 Steele Canyon	138
6 Dana Hills	141
7 Mission Hills	182
8 Desert Oasis	192

Mt. Carmel/ASICS XC Invitational

Saturday, September 17, 2022, @ Morley Field, CA
3.0 Miles

Boys Results

3 Miles D-1 Senior/Invite

PL	NAME	GR	FINISH	PACE
34	Brandon Day	12	16:40.8	5:33.6
93	Rowan Nicholas	12	17:35.9	5:52.0
96	Andrew Park	12	17:41.4	5:53.8
123	Hudson Blattman	12	18:42.6	6:14.2
128	Ian Kendrick	12	18:46.9	6:15.6
147	Jack Marsh	12	19:17.9	6:26.0
149	Georgi Andreev	12	19:18.9	6:26.3
160	Evan Stup	12	20:00.4	6:40.1
182	Blaize Fonseca	12	21:12.1	7:04.0
195	Nolan Flores	12	22:02.3	7:20.8

3 Miles D-1 Senior/Invite

Official Team Scores

1 Crescenta Valley	83
2 Dana Hills	117
3 Saugus	119
4 Liberty	168
5 Loyola	173
6 Canyon Crest Acade	203
7 Vista	210
8 Sage Creek	231
9 Steele Canyon	249
10 E. Roosevelt	252
11 Mt Carmel	267
12 Los Alamitos	301
13 Catalina Foothills	332
14 Rancho Bernardo	375

3 Miles D-1 Junior

PL	NAME	GR	FINISH	PACE
69	Max Schaller	11	18:35.7	6:11.9
101	Otis Pratt	11	19:40.3	6:33.4
109	Antonio Correa	11	20:01.8	6:40.6
113	Roshan Malik	11	20:07.4	6:42.5
138	Joshua Chang	11	21:35.7	7:11.9

3 Miles D-1 Junior

Official Team Scores

1 Crescenta Valley	50
2 Dana Hills	111
3 Catalina Foothills	124
4 Rancho Cucamonga	126
5 Del Norte	165
6 San Dieguito Acader	165
7 Loyola	174
8 Olympian	187
9 Eastlake	199
10 Otay Ranch	274
11 Downey	307
12 Chaparral	347
13 Valhalla	356
14 Poway	356
15 Rancho Bernardo	362
16 Temescal Canyon	371

Mt. Carmel/ASICS XC Invitational

Saturday, September 17, 2022, @ Morley Field, CA
3.0 Miles

3 Miles D-1 Sophomore

PL	NAME	GR	FINISH	PACE
63	Jose Ramirez	10	18:23.4	6:07.8
170	Woody McMahon	10	21:58.4	7:19.5
171	Nathan Gillespie	10	21:58.5	7:19.5
175	Naoya Mizui	10	22:06.1	7:22.0

3 Miles D-1 Sophomore

Official Team Scores

1 Loyola	69
2 Rancho Cucamonga	131
3 Del Norte	145
4 Bonita Vista	148
5 Burroughs (Burbank)	160

3 Miles D-1 Frosh

PL	NAME	GR	FINISH	PACE
16	William Liu	9	18:14.8	6:04.9
35	Trent Dalrymple	9	19:02.2	6:20.7
65	Sunny Shen	9	19:48.9	6:36.3
76	Devin Cottom	9	20:00.4	6:40.1
87	Daniel Yip	9	20:25.9	6:48.6
125	Evan Zimsky	9	21:45.7	7:15.2
138	Seth Vanderspek	9	22:19.4	7:26.5
153	Christian Ochoa	9	23:02.0	7:40.7

3 Miles D-1 Frosh

Official Team Scores

1 Rancho Cucamonga	78
2 Poway	120
3 Canyon Crest Acade	123
4 Del Norte	145
5 Loyola	154
6 Dana Hills	199
7 Rancho Bernardo	201
8 Mt Carmel	235
9 Scripps Ranch	238
10 E. Roosevelt	248





Dana Hills Invitational

Saturday, September 24 2022, Dana Hills High School, Dana Point
3.0 Miles

Girls Results

3 Miles D1 Girls Senior/Invitational

PL	NAME	GR	FINISH	PACE
55	Vanessa Ramirez	12	18:51.9	6:17.3
82	Audra Sutherland	12	19:10.6	6:23.5
179	Audrey Stoffel	12	23:50.5	7:56.8

3 Miles D1 Girls Junior

PL	NAME	GR	FINISH	PACE
7	Jasmyne Castro	11	20:15.1	6:45.0
28	Kaelyn Style	11	21:08.2	7:02.7
84	Marin Baccei	11	24:54.0	8:18.0
107	Marley Lippincott	11	27:03.2	9:01.1

3 Miles D1 Girls Freshmen

PL	NAME	GR	FINISH	PACE
13	Anna Grant	9	20:20.6	6:46.9
49	Abigail Chong	9	22:18.9	7:26.3
57	Sophia Baccei	9	22:35.0	7:31.7
58	Charlize Chammas	9	22:40.3	7:33.4
91	Eve Parenti	9	24:43.6	8:14.5
121	Teagan Hupp	9	25:49.9	8:36.6
162	Alexandria Dasch	9	29:25.6	9:48.5

3 Miles Senior/Invitational D1

Official Team Scores

1	J Serra Catholic	45
2	Dana Hills	88
3	Canyon Crest Acade	118
4	Del Norte	127
5	La Costa Canyon	156

3 Miles Junior D1

Official Team Scores

1	Westview	62
2	Trabuco Hills	69
3	Del Norte	88

3 Miles D1 Girls Freshmen

Official Team Scores

1	Santiago (Corona)	41
2	Del Norte	57
3	Great Oak	132
4	Trabuco Hills	149
5	San Clemente	172
6	Santa Monica	174
7	Rancho Bernardo	191
8	Aliso Niguel	219
9	Dana Hills	226
10	Millikan	229

Dana Hills Invitational

Saturday, September 24 2022, Dana Hills High School, Dana Point
3.0 Miles



Boys Results

3 Miles D1 Boys Senior

PL	NAME	GR	FINISH	PACE
20	Camden Luecht	10	15:13.0	5:04.3
56	Brandon Day	12	15:49.9	5:16.6
58	Rowan Nicholas	12	15:50.5	5:16.8
138	Andrew Park	12	16:54.1	5:38.0
159	Jack Marsh	12	17:18.2	5:46.1
161	Hudson Blattman	12	17:19.6	5:46.5
191	Evan Stup	12	18:32.0	6:10.7
198	Georgi Andreev	12	18:42.2	6:14.1
204	Ian Kendrick	12	18:53.7	6:17.9
225	Blaize Fonseca	12	20:51.0	6:57.0
226	Nolan Flores	12	21:10.0	7:03.3

3 Miles D1 Boys Junior

PL	NAME	GR	FINISH	PACE
50	Max Schaller	11	17:27.0	5:49.0
83	Roshan Malik	11	18:14.0	6:04.7
89	Antonio Correa	11	18:42.6	6:14.2
96	Otis Pratt	11	18:56.6	6:18.9
128	Joshua Chang	11	20:38.4	6:52.8

3 Miles D1 Boys Senior

Official Team Scores

1	San Clemente	53
2	Great Oak	118
3	Tesoro	149
4	Dana Hills	149
5	Ayala	180
...		
15	Rancho Bernardo	342

3 Miles D1 Boys Junior

Official Team Scores

1	San Clemente	52
2	Millikan	114
3	Del Norte	145
4	Canyon Crest Acade	167
5	Trabuco Hills	169
...		
15	Rancho Bernardo	325

Dana Hills Invitational

Saturday, September 24 2022, Dana Hills High School, Dana Point
3.0 Miles

3 Miles D1 Boys Sophomore

PL	NAME	GR	FINISH	PACE
51	Jose Ramirez	10	17:57.2	5:59.1
147	Naoya Mizui	10	20:40.1	6:53.4
169	Woody McMahon	10	21:38.9	7:13.0
171	Seth Fisher	10	21:43.4	7:14.5

3 Miles D1 Boys Sophomore

Official Team Scores

1	Santiago (Corona)	41
2	Tesoro	101
3	Ayala	123
4	Del Norte	132
5	Poway	147

3 Miles D1 Boys Freshmen

PL	NAME	GR	FINISH	PACE
18	William Liu	9	17:31.8	5:50.6
58	Trent Dalrymple	9	18:52.1	6:17.4
60	Devin Cottom	9	18:54.9	6:18.3
71	Sunny Shen	9	19:17.0	6:25.7
85	Jayden Moffit	9	19:39.4	6:33.1
104	Daniel Yip	9	20:02.1	6:40.7
118	Jack Focht	9	20:28.3	6:49.4
156	Seth Vanderspek	9	21:16.7	7:05.6
160	Evan Zimsky	9	21:21.6	7:07.2
188	Christian Ochoa	9	22:14.9	7:25.0

3 Miles Freshman D1

Official Team Scores

1	La Serna	71
2	Aliso Niguel	117
3	Great Oak	130
4	Poway	135
5	Millikan	150
6	Ayala	171
7	Canyon Crest Acade	201
8	San Clemente	236
9	Dana Hills	240
10	Rancho Bernardo	252



Palomar League Cluster #1

Friday, September 30, 2022 @ San Dieguito Sports Park, CA
3.0 MILE

Girls Results

3 Miles Varsity

PL	FIRST	GR	FINISH	PACE
9	Vanessa Ramirez	12	18:56.3	
13	Audra Sutherland	12	19:18.0	
15	Jasmyne Castro	11	19:40.1	
22	Anna Grant	9	19:57.6	
34	Kaelyn Style	11	20:50.1	
50	Audrey Stoffel	12	24:23.3	
51	Marin Baccei	11	25:39.4	

3 Miles Varsity

Official Team Scores

1 Del Norte	27
2 San Marcos	86
3 Rancho Bernardo	91
4 Poway	97
5 Westview	102
6 Mt Carmel	105

3 Miles Junior Varsity

PL	FIRST	GR	FINISH	PACE
16	Anvi Kakar	10	21:41.3	
17	Abigail Chong	9	21:43.6	
18	Sophia Baccei	9	21:53.2	
19	Rheya Cummins	10	21:58.7	
21	Charlize Chammas	9	22:13.5	
38	Livia Dangio	9	23:44.9	
40	Yena Kim	10	23:52.2	
42	Eve Parenti	9	24:10.7	
43	Parnian Kavoosi	11	24:11.9	
44	Marley Lippincott	11	24:15.2	
45	Teagan Hupp	9	24:16.6	
51	Masantu Hummler	10	25:35.3	
59	Alexandria Dasch	9	29:21.3	
60	Mollie Brailsford	9	30:14.4	

3 Miles Junior Varsity

Official Team Scores

1 Del Norte	19
2 Westview	53
3 San Marcos	75
4 Rancho Bernardo	86
5 Poway	130

Palomar League Cluster #1

Friday, September 30, 2022 @ San Dieguito Sports Park, CA

3.0 MILE

Boys Results

3 Miles Varsity

	PL	NAME	GR	FINISH	PACE
	3	Camden Luecht	10	15:25.0	5:08.3
	7	Rowan Nicholas	12	15:45.3	5:15.1
	12	Brandon Day	12	15:53.2	5:17.7
	32	Andrew Park	12	16:43.0	5:34.3
	38	Hudson Blattman	12	16:54.7	5:38.2
	43	William Liu	9	17:07.2	5:42.4
	49	Jack Marsh	12	17:20.3	5:46.8
	50	Jose Ramirez	10	17:20.8	5:46.9
	52	Max Schaller	11	17:36.3	5:52.1
	55	Ian Kendrick	12	17:47.8	5:55.9
	57	Georgi Andreev	12	17:58.6	5:59.5
	66	Otis Pratt	11	18:44.4	6:14.8
	69	Evan Stup	12	19:05.9	6:22.0
	70	Nolan Flores	12	19:44.2	6:34.7
	73	Blaize Fonseca	12	19:57.5	6:39.2

3 Miles Varsity

Official Team Scores

1 Westview	66
2 Del Norte	67
3 Poway	70
4 Mt Carmel	81
5 Rancho Bernardo	85
6 San Marcos	138

3 Miles Junior Varsity

	PL	NAME	GR	FINISH	PACE
	23	Trent Dalrymple	9	18:19.6	6:06.5
	24	Roshan Malik	11	18:20.0	6:06.7
	28	Devin Cottom	9	18:32.9	6:11.0
	30	Sunny Shen	9	18:37.0	6:12.3
	35	Jayden Moffit	9	18:47.8	6:15.9
	49	Antonio Correa	11	19:32.6	6:30.9
	52	Daniel Yip	9	19:41.7	6:33.9
	59	Naoya Mizui	10	20:10.6	6:43.5
	61	Jack Focht	9	20:33.2	6:51.1
	62	Evan Zimsky	9	20:33.3	6:51.1
	64	Joshua Chang	11	20:33.9	6:51.3
	68	Seth Vanderspek	9	20:51.6	6:57.2
	74	Seth Fisher	10	21:26.9	7:09.0
	77	Christian Ochoa	9	21:31.6	7:10.5

3 Miles Junior Varsity

Official Team Scores

1 Poway	29
2 Mt Carmel	41
3 Del Norte	58
4 Westview	125
5 San Marcos	132
6 Rancho Bernardo	139



Palomar League Cluster #2,

Saturday, October 15, 2022 @ Del Norte HS Campus Course

Girls Results

3 Miles Varsity

PL	FIRST	GR	FINISH	PACE
5	Vanessa Ramirez	12	18:22.7	6:07.6
8	Audra Sutherland	12	18:55.8	6:18.6
13	Jasmyne Castro	11	19:38.3	6:32.8
17	Anna Grant	9	19:59.7	6:39.9
27	Kaelyn Style	11	20:37.7	6:52.6
35	Anvi Kakar	10	21:07.4	7:02.5
42	Audrey Stoffel	12	24:55.4	8:18.5
43	Marin Baccei	11	25:19.3	8:26.4

3 Miles Varsity

Official Team Scores

1 Del Norte	45
2 Mt Carmel	67
3 Rancho Bernardo	69
4 San Marcos	70
5 Poway	79

3 Miles Junior Varsity

PL	FIRST	GR	FINISH	PACE
2	Rheya Cummins	10	20:58.4	6:59.5
4	Sophia Baccei	9	21:24.9	7:08.3
9	Abigail Chong	9	21:49.6	7:16.5
14	Livia Dangio	9	23:05.5	7:41.8
15	Siviana Thrall	10	23:09.2	7:43.1
25	Eve Parenti	9	24:33.3	8:11.1
26	Marley Lippincott	11	24:46.3	8:15.4
37	Alexandria Dasch	9	29:18.0	9:46.0

3 Miles JV

Official Team Scores

1 Del Norte	30
2 Rancho Bernardo	30
3 San Marcos	67
4 Poway	110

Palomar League Cluster #2,

Saturday, October 15, 2022 @ Del Norte HS Campus Course

Boys Results

3 Miles Varsity

	PL	NAME	GR	FINISH	PACE
	4	Camden Luecht	10	15:27.5	5:09.2
	5	Brandon Day	12	15:37.8	5:12.6
	8	Rowan Nicholas	12	15:42.8	5:14.3
	24	Andrew Park	12	16:44.2	5:34.7
	28	Hudson Blattman	12	16:55.7	5:38.6
	32	Max Schaller	11	17:03.5	5:41.2
	38	William Liu	9	17:11.7	5:43.9
	41	Jose Ramirez	10	17:27.2	5:49.1
	42	Georgi Andreev	12	17:27.6	5:49.2
	50	Jack Marsh	12	18:12.4	6:04.1
	58	Evan Stup	12	19:06.0	6:22.0
	59	Ian Kendrick	12	19:24.4	6:28.1
	60	Blaize Fonseca	12	19:57.7	6:39.2
	62	Nolan Flores	12	20:08.8	6:42.9

3 Miles Varsity

Official Team Scores

1 Westview	48
2 Poway	51
3 Rancho Bernardo	66
4 Mt Carmel	96
5 San Marcos	128
6 Del Norte	134

3 Miles Junior Varsity

	PL	NAME	GR	FINISH	PACE
	24	Devin Cottom	9	18:17.4	6:05.8
	28	Otis Pratt	11	18:28.1	6:09.4
	29	Roshan Malik	11	18:29.3	6:09.8
	34	Jayden Moffit	9	18:47.4	6:15.8
	35	Sunny Shen	9	18:47.8	6:15.9
	38	Trent Dalrymple	9	18:49.3	6:16.4
	39	Antonio Correa	11	18:51.5	6:17.2
	50	Daniel Yip	9	19:46.0	6:35.3
	52	Naoya Mizui	10	19:49.7	6:36.6
	54	Jack Focht	9	20:07.8	6:42.6
	55	Joshua Chang	11	20:08.0	6:42.7
	56	Evan Zimsky	9	20:10.0	6:43.3
	57	Woody McMahon	10	20:19.4	6:46.5
	58	Seth Vanderspek	9	20:19.7	6:46.6
	68	Seth Fisher	10	21:01.5	7:00.5
	76	Christian Ochoa	9	21:37.2	7:12.4

3 Miles JV

Official Team Scores

1 Poway	17
2 Westview	80
3 San Marcos	83
4 Mt Carmel	89
5 Del Norte	91
6 Rancho Bernardo	148



Jaguar Kit Carson XC Invitational

Friday, October 21, 2022 Kit Carson Park ~ Escondido, CA

Girls Results

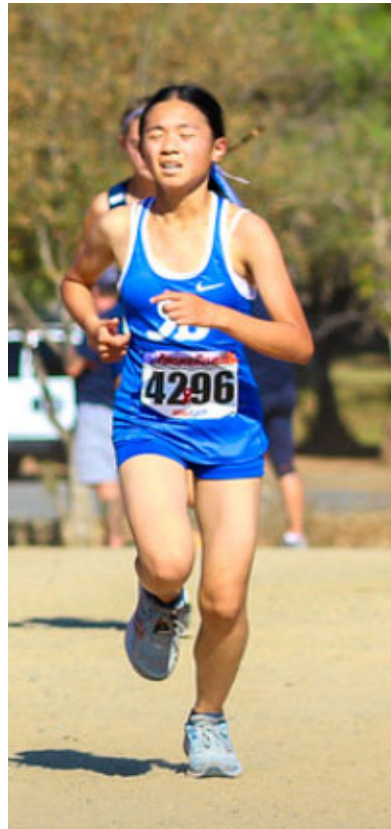
2.75 Miles Teal Division JV

PL	NAME	GR	FINISH	PACE
7	Rheya Cummins	10	20:41.9	6:47.2
10	Abigail Chong	9	21:05.2	6:54.8
19	Charlize Chammas	9	21:41.3	7:06.7
26	Siviana Thrall	10	22:26.2	7:21.4
32	Jimena McDonald	9	22:45.8	7:27.8
49	Parnian Kavooosi	11	23:48.4	7:48.3
50	Audrey Stoffel	12	23:49.9	7:48.8
54	Marley Lippincott	11	24:09.2	7:55.1
96	Alexandria Dasch	9	28:48.0	9:26.6
108	Mollie Brailsford	9	30:36.0	10:02.0

2.75 Miles JV

Official Team Scores

1 Point Loma	17
2 Steele Canyon	59
3 Rancho Bernardo	85
4 Otay Ranch	122
5 San Dieguito Academy	142
6 Fallbrook	177
7 Sweetwater	198
8 San Pasqual	226
9 San Ysidro	241
10 Oceanside	248
11 Our Lady of Peace	316





Jaguar Kit Carson XC Invitational

Friday, October 21, 2022 Kit Carson Park ~ Escondido, CA

Boys Results

3.05 Miles Teal Division Varsity

PL	NAME	GR	FINISH	PACE
38	Jose Ramirez	10	19:01.0	6:14.1
76	Georgi Andreev	12	20:43.8	6:47.8
77	Evan Stup	12	20:47.0	6:48.9
86	Nolan Flores	12	21:43.5	7:07.4
100	Joshua Shrader	12	24:05.3	7:53.9

3.05 Miles Varsity

Official Team Scores

1 Southwest (SD)	76
2 Point Loma	85
3 Sweetwater	101
4 San Diego	132
5 Otay Ranch	156
6 San Dieguito Academy	173
7 San Pasqual	184
8 Oceanside	186
9 The Bishop's School	190
10 Fallbrook	210
11 Hemet	267
12 San Ysidro	289
13 Rancho Bernardo	319
14 Kearny	430

3.05 Miles Teal Division JV

PL	NAME	GR	FINISH	PACE
21	Roshan Malik	11	20:15.5	6:38.5
31	Antonio Correa	11	20:48.1	6:49.2
36	Otis Pratt	11	21:01.1	6:53.5
43	Naoya Mizui	10	21:14.0	6:57.7
84	Woody McMahan	10	23:01.6	7:33.0
91	Nathan Gillespie	10	23:12.8	7:36.7
104	Seth Fisher	10	23:46.2	7:47.6

3.05 Miles JV

Official Team Scores

1 Steele Canyon	26
2 Point Loma	60
3 San Dieguito Academy	114
4 Otay Ranch	123
5 Southwest (SD)	128
6 Rancho Bernardo	171
7 San Diego	172
8 Sweetwater	194
9 Guajome Park Academy	275
10 San Pasqual	311
11 The Bishop's School	326
12 San Ysidro	327
13 Rancho Buena Vista	371

Jaguar Kit Carson XC Invitational

Friday, October 21, 2022 Kit Carson Park ~ Escondido, CA

3.05 Miles Black/Teal Division Frosh

PL	NAME	GR	FINISH	PACE
38	Jack Focht	9	21:39.8	7:06.2
67	Daniel Yip	9	23:00.3	7:32.6
82	Christian Ochoa	9	24:24.3	8:00.1

3.05 Miles JV

Official Team Scores

1 Poway	50
2 San Pasqual	98
3 Point Loma	104
4 Canyon Hills	109
5 Otay Ranch	117
6 Mt Carmel	130
7 Scripps Ranch	133
8 Valhalla	175
9 Hemet	222





74th Annual Mt. SAC XC Invitational

Saturday, October 22, 2022 Mt. San Antonio College ~ Walnut, CA

Girls Results

PL	NAME	GR	FINISH	PACE
2	Vanessa Ramirez	12	19:21	6:27
5	Audra Sutherland	12	19:36	6:32
16	Jasmyne Castro	11	20:06	6:42
30	Anna Grant	9	20:59	6:59
56	Kaelyn Style	11	22:11	7:23
63	Anvi Kakar	10	22:39	7:33

3 Miles D1 Varsity Yellow

Official Team Scores

1 Northgate	42
2 Centennial (Corona)	70
3 Rancho Bernardo	95
4 Evergreen Valley	122
5 San Juan Hills	185
6 Oxnard	202
7 Arroyo Valley	206
8 Mission Hills	214
9 Los Osos	223
10 Laguna Creek	250
11 Carlsbad	271
12 Alisal	272
13 Eastside (9)	304
14 Elsinore	362
15 Highland (SS)	370



74th Annual Mt. SAC XC Invitational

Saturday, October 22, 2022 Mt. San Antonio College ~ Walnut, CA

Boys Results

PL	NAME	GR	FINISH	PACE
1	Camden Luecht	10	15:40	5:13
5	Rowan Nicholas	12	16:07	5:22
10	Brandon Day	12	16:19	5:26
55	Max Schaller	11	17:52	5:57
60	William Liu	9	17:57	5:59
83	Hudson Blattman	12	18:20	6:06

3 Miles D1 Varsity Red

Official Team Scores

1 Valencia (Valencia)	63
2 Vista Murrieta	65
3 Rancho Bernardo	117
4 Wilson (Long Beach)	135
5 Northgate	156
6 James Logan	236
7 Alisal	241
8 Helix	254
9 Troy	268
10 Evergreen Valley	279
11 Anaheim	283
12 Summit	298
13 Elsinore	312
14 Paramount	332
15 La Quinta (La Quinta)	357
16 Birmingham	383
17 Patriot	383
18 Antioch	396



Palomar League JV Cluster #3

Friday, October 28, 2022 @ Kit Carson Park CC Course

Girls Results

3.05 Miles JV

PL	FIRST	GR	FINISH	PACE
10	Sophia Baccei	9	23:37.5	7:44.8
29	Livia Dangio	9	25:15.1	8:16.8
33	Siviana Thrall	10	25:59.5	8:31.3
36	Jimena McDonald	9	26:13.5	8:35.9
39	Yena Kim	10	26:24.8	8:39.6
43	Marley Lippincott	11	27:00.2	8:51.2
52	Alexandria Dasch	9	31:05.5	10:11.6
54	Mollie Brailsford	9	33:33.0	11:00.0

3.05 Miles JV

Official Team Scores

1 Del Norte	16
2 San Marcos	48
3 Rancho Bernardo	83
4 Poway	102

Palomar League JV Cluster #3

Friday, October 28, 2022 @ Kit Carson Park CC Course



Boys Results

3.05 Miles JV

PL	NAME	GR	FINISH	PACE
29	Jayden Moffit	9	20:18.4	6:39.5
33	Trent Dalrymple	9	20:22.9	6:41.0
37	Naoya Mizui	10	20:42.9	6:47.5
38	Sunny Shen	9	20:46.4	6:48.7
39	Antonio Correa	11	20:51.8	6:50.4
46	Jack Focht	9	21:23.0	7:00.7
53	Joshua Chang	11	22:02.8	7:13.7
66	Seth Vanderspek	9	23:29.0	7:42.0
67	Seth Fisher	10	23:37.5	7:44.8

3.05 Miles JV

Official Team Scores

1 Poway	36
2 Del Norte	63
3 Westview	88
4 Mt Carmel	88
5 San Marcos	90
6 Rancho Bernardo	150

3.05 Miles Senior

PL	NAME	GR	FINISH	PACE
6	Ian Kendrick	12	19:45.8	6:28.8
14	Nolan Flores	12	21:33.5	7:04.1

3.05 Miles Senior

Official Team Scores

1 Del Norte	15
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UC Postal 2-Mile

Saturday, October 29, 2022 @ University City High School



Girls Results

2 Miles Varsity - Section 1

PL	PL (overall)	NAME	GR	FINISH	PACE
17	17	Audra Sutherland	12	11:41.5	5:50.7
20	21	Vanessa Ramirez	12	11:43.9	5:51.9
30	46	Jasmyne Castro	11	12:08.7	6:04.3

2 Miles Varsity - Section 2

35	98	Anvi Kakar	10	13:00.7	6:30.3
40	142	Kaelyn Style	11	13:45.3	6:52.7

Official Team Scores

1 Cathedral Catholic	37
2 University City	82
3 El Camino (Oceanside)	130
4 Scripps Ranch	152
5 Point Loma	167
6 La Jolla	218
7 Francis Parker	241
8 Patrick Henry	247
9 Rancho Bernardo	274
10 Steele Canyon	278
11 Clairemont	278
12 Mira Mesa	344
13 El Capitan	358
14 Crawford	396
15 Our Lady of Peace	402
16 Carlsbad	452
17 West Hills	470
18 Grossmont	487
19 Coronado	524
20 High Tech High NC	541
21 Southwest (SD)	545
22 Liberty Charter	550
23 High Tech (CV)	659





UC Postal 2-Mile

Saturday, October 29, 2022 @ University City High School

Boys Results

2 Miles Varsity - Section 1

PL	PL (overall)	NAME	GR	FINISH	PACE
6	6	Camden Luecht	10	9:28.9	4:44.4
11	11	Brandon Day	12	9:43.9	4:51.9

2 Miles Varsity - Section 2

28	93	Max Schaller	11	10:42.3	5:21.1
31	102	Andrew Park	12	10:48.1	5:24.1
32	130	Jack Marsh	12	11:02.1	5:31.0

2 Miles Varsity - Section 3

30	95	Hudson Blattman	12	10:44.0	5:22.0
35	112	Jose Ramirez	10	10:53.8	5:26.9
40	122	William Liu	9	10:58.6	5:29.3

2 Miles Varsity -Section 4

38	180	Evan Stup	12	11:37.7	5:48.9
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Official Team Scores

1 Steele Canyon	93
2 University City	118
3 Grossmont	120
4 Patrick Henry	131
5 Poway	184
6 El Capitan	200
7 Scripps Ranch	217
8 Point Loma	228
9 Liberty Charter	264
10 El Camino (Oceanside)	287
11 Rancho Bernardo	290
12 Southwest (SD)	301
13 Sweetwater	368
14 Cathedral Catholic	369
15 La Jolla	388
16 High Tech High (SD)	456
17 West Hills	461
18 Crawford	462
19 Francis Parker	475
20 Mira Mesa	523
21 Clairemont	545
22 Santa Fe Christian	565
23 High Tech High NC	608
24 High Tech High Mesa	711
25 Carlsbad	739
26 High Tech (CV)	753
27 Coronado	829





North County Conference Championships

Thursday, November 3, 2021 @ Kit Carson Course - Escondido, CA

Girls Results







5,000 Meters Palomar League

PL	FIRST	GR	FINISH	PACE
9	Audra Sutherland	12	19:41.3	6:21.1
15	Vanessa Ramirez	12	20:11.0	6:30.6
19	Jasmyne Castro	11	20:40.3	6:40.1
21	Anna Grant	9	21:05.5	6:48.2
40	Anvi Kakar	10	22:24.0	7:13.5
42	Kaelyn Style	11	22:33.2	7:16.5

Race 1 - Palomar Girls - 5K

11/03/2022 - 2:00pm

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Del Norte	27	1:35:04	19:01	6:08	1:38	1-4-5-7-10-11-14	1-4-5-7-10-11-14
2	 Poway	84	1:41:56	20:24	6:34	3:07	3-6-25-26-27-33-45	3-6-24-25-26-31-39
3	 Mt Carmel	89	1:43:27	20:42	6:40	1:21	12-16-18-22-24	12-16-17-21-23
4	 San Marcos	98	1:43:46	20:46	6:41	2:06	8-13-20-30-32-37-41	8-13-19-28-30-34-37
5	 Rancho Bernardo	98	1:44:03	20:49	6:42	2:43	9-15-19-21-40-42	9-15-18-20-36-38
6	 Westview	112	1:44:19	20:52	6:43	3:29	2-23-28-31-35-36-38	2-22-27-29-32-33-35

						LEAGUE STANDINGS		
Cluster 1		Cluster 2		NCC		FINAL	WINS	LOSSES
1 Del Norte	27	1 Del Norte	45	1 Del Norte	27	1 Del Norte	20	0
2 San Marcos	86	2 Mt Carmel	67	2 Poway	84	2 San Marcos	12	8
3 Rancho Bernardo	91	3 Rancho Bernardo	69	3 Mt Carmel	89	3 Poway	11	9
4 Poway	97	4 San Marcos	70	4 San Marcos	98	4 Mt Carmel	10	10
5 Westview	102	5 Poway	79	5 Rancho Bernardo	98	5 Rancho Bernardo	8	12
6 Mt Carmel	105	6 Westview	NS	6 Westview	112	6 Westview	1	19

North County Conference Championships

Thursday, November 3, 2021 @ Kit Carson Course - Escondido, CA



Boys Results

5,000 Meters Palomar League

PL	NAME	GR	FINISH	PACE
6	Camden Luecht	10	16:23.5	5:17.3
7	Brandon Day	12	16:24.9	5:17.7
11	Rowan Nicholas	12	16:37.9	5:21.9
23	Hudson Blattman	12	17:48.5	5:44.7
30	Max Schaller	11	18:01.1	5:48.7
32	William Liu	9	18:07.3	5:50.7
41	Jack Marsh	12	18:26.8	5:57.0
55	Georgi Andreev	12	19:27.3	6:16.5
57	Evan Stup	12	19:40.9	6:20.9

Race 3 - Palomar Boys - 5K

11/03/2022 - 2:50pm

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Westview	41	1:22:13	16:27	5:18	1:18	2-5-8-10-16-19-45	2-5-8-10-16-19-37
2	Poway	64	1:24:31	16:55	5:27	1:13	3-12-14-17-18-21-22	3-12-14-17-18-21-22
3	Rancho Bernardo	77	1:25:16	17:04	5:30	1:38	6-7-11-23-30-32-41	6-7-11-23-30-31-35
4	Del Norte	92	1:26:42	17:21	5:35	1:40	4-13-24-25-26-27-28	4-13-24-25-26-27-28
5	Mt Carmel	97	1:26:32	17:19	5:35	2:31	1-15-20-29-33-37-40	1-15-20-29-32-33-34
6	San Marcos	162	1:32:28	18:30	5:58	2:58	9-42-48-49-54-58-60	9-36-38-39-40-41-42

						LEAGUE STANDINGS		
Cluster 1		Cluster 2		NCC		FINAL	WINS	LOSSES
1 Westview	66	1 Westview	48	1 Westview	41	1 Westview	20	0
2 Del Norte	67	2 Poway	51	2 Poway	64	2 Poway	15	5
3 Poway	70	3 Rancho Bernardo	66	3 Rancho Bernardo	77	3 Rancho Bernardo	10	10
4 Mt Carmel	81	4 Mt Carmel	96	4 Del Norte	92	4 Del Norte	8	12
5 Rancho Bernardo	85	5 San Marcos	128	5 Mt Carmel	97	5 Mt Carmel	6	14
6 San Marcos	138	6 Del Norte	134	6 San Marcos	162	6 San Marcos	1	19



CIF San Diego Section Championships

Saturday, November 12, 2022 @ Morley Field XC Course ~ San Diego, CA

Girls Results

2.96 Miles Div I Girls

PL	FIRST	GR	FINISH	PACE
15	Audra Sutherland	12	18:49.2	6:21.5
30	Vanessa Ramirez	12	19:43.2	6:39.7
37	Jasmyne Castro	11	20:18.1	6:51.5
40	Anna Grant	9	20:24.5	6:53.7
69	Anvi Kakar	10	21:36.4	7:18.0
79	Kaelyn Style	11	21:57.4	7:25.1

2.96 Miles Div I Girls

Official Team Scores

1 Del Norte	54
2 Torrey Pines	67
3 Canyon Crest Academy	100
4 Eastlake	121
5 El Camino (Oceanside)	150
6 Poway	168
7 Rancho Bernardo	191
8 San Marcos	214
9 Westview	266
10 Patrick Henry	278
11 Mission Hills	301
12 Otay Ranch	339
13 Bonita Vista	345
14 Mira Mesa	366
15 Olympian	406
16 San Diego	498
17 Helix	520
18 Calexico	565

CIF San Diego Section Championships

Saturday, November 12, 2022 @ Morley Field XC Course ~ San Diego, CA



Boys Results

2.96 Miles Div I Boys

	PL	NAME	GR	FINISH	PACE
	6	Camden Luecht	10	15:30.9	5:14.5
	16	Brandon Day	12	15:58.9	5:24.0
	20	Rowan Nicholas	12	16:15.9	5:29.7
	70	Hudson Blattman	12	17:55.6	6:03.4
	77	Max Schaller	11	18:00.8	6:05.1
	108	Jack Marsh	12	18:50.0	6:21.8

2.96 Miles Div I Boys

Official Team Scores

1 Torrey Pines	56
2 Westview	77
3 Canyon Crest Academy	111
4 Del Norte	146
5 Poway	170
6 Otay Ranch	174
7 Rancho Bernardo	189
8 El Camino (Oceanside)	241
9 Patrick Henry	265
10 Sweetwater	281
11 Eastlake	296
12 San Diego	311
13 Mira Mesa	346
14 Helix	356
15 Olympian	357
16 Bonita Vista	400
17 San Marcos	407
18 Mission Hills	439



35th CIF State Championships

Saturday, November 26, 2022 @ Woodward Park, Fresno CA

[CIF STATE Handbook](#)

5K Div I Boys

PL	FIRST	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
37	Camden Luecht	10	4:49.4(33)	10:46.6 (38)	15:56.7	5:07.9

Woodward Park
Fresno, California
5,000 meter course



Individual Results				
D1 Boys				
Place	Name	Team	Time	Points
1	↑1 Matthew Donis	Highland -S-1	14:51.3	
2	↑3 Christopher Caudillo	Clovis -C-1	15:03.9	1
3	↓ Parker Simmons	Crescenta Valley -S-1	15:09.7	2
4	↑2 Milo Skapinsky	San Luis Obispo -C-1	15:10.9	3
5	↑3 Cameron Rhone	Long Beach Poly -S-1	15:13.0	
6	↓2 Jason Parra	Millikan -S-1	15:13.7	
7	↓ Carter Spradling	Clovis East -C-1	15:18.0	
8	↑1 Shane Badcock	Dougherty Valley -NC-1	15:23.0	4
9	↑8 Mark Cortes	Great Oak -S-1	15:23.5	5
10	↑1 Juan Chantaca	San Clemente -S-1	15:25.5	6

...

32	↑8 Ryan Martin	River City -SJ-1	15:47.2	
33	↓11 Nathan Manesh	Dublin -NC-1	15:48.5	
34	↑2 Daniel Gonzalez	Lincoln-S -SJ-1	15:51.9	23
35	↓ Ryan Stanley	Trabuco Hills -S-1	15:55.2	24
36	↑11 Nathaniel Nodal	Clovis West -C-1	15:56.4	
37	↑1 Camden Luecht	Rancho Bernardo -SD-1	15:56.7	

Time: **15:56.7**

Bib: **1366**

Splits: **#33 - 4:49.4 #38 - 10:46.6 #37 - 15:56.7**

38	↓1 Harrison Lavery	Loyola -S-1	15:57.7	25
39	↑13 Sam Dresick	Clovis West -C-1	15:59.9	
40	↑20 Jeffrey Keeney	Great Oak -S-1	16:00.2	26

RANCHO BERNARDO HIGH SCHOOL GIRLS CROSS COUNTRY HISTORY

GIRLS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1991	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1992	PALOMAR	DON JONES	3 WINS - 4 LOSSES	4TH
1993	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1994	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1995	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1996	PALOMAR	DON JONES	4 WINS - 3 LOSSES	5TH
1997	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1998	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
1999	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
2000	PALOMAR	TERRY DOCKERY	3 WINS - 2 LOSSES	3RD
2001	PALOMAR	TERRY DOCKERY	4 WINS - 1 LOSSES	2ND
2002	PALOMAR	TERRY DOCKERY	7 WINS - 3 LOSSES	2ND
2003	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST (TIE)
2004	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2005	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2006	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2007	PALOMAR	TERRY DOCKERY	6 WINS - 3 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2009	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2010	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2011	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2012	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST (TIE)
2013	PALOMAR	TERRY DOCKERY	16 WINS - 4 LOSSES	2ND
2014	PALOMAR	TERRY DOCKERY	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	TERRY DOCKERY	15 WINS - 5 LOSSES	2ND
2016	PALOMAR	TERRY DOCKERY	14 WINS - 6 LOSSES	3RD
2017	PALOMAR	TERRY DOCKERY	20 WINS - 0 LOSSES	1ST
2018	PALOMAR	TERRY DOCKERY	14 WINS - 2 LOSSES	1ST (TIE)
2019	PALOMAR	TERRY DOCKERY	8 WINS - 8 LOSSES	3RD (TIE)
2020	PALOMAR	TERRY DOCKERY	5 WINS - 0 LOSSES	1ST
2021	PALOMAR	TERRY DOCKERY	5 WINS - 15 LOSSES	5TH
2022	PALOMAR	BOB MUSHECK	8 WINS - 12 LOSSES	5TH

OVERALL RECORD : 250 WINS - 112 LOSSES (.691%)

RANCHO BERNARDO HIGH SCHOOL BOYS CROSS COUNTRY HISTORY

BOYS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	3 WINS - 4 LOSSES	6TH
1991	AVOCADO	DON JONES	3 WINS - 4 LOSSES	3RD
1992	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1993	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1994	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1995	PALOMAR	DON JONES	2 WINS - 5 LOSSES	5TH
1996	PALOMAR	DON JONES	7 WINS - 0 LOSSES	2ND
1997	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1998	PALOMAR	DON JONES	0 WINS - 5 LOSSES	5TH
1999	PALOMAR	DON JONES	1 WIN - 4 LOSSES	5TH
2000	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2001	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2002	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2003	PALOMAR	TERRY DOCKERY	5 WINS - 5 LOSSES	3RD
2004	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2005	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2006	PALOMAR	TERRY DOCKERY	8 WINS - 2 LOSSES	2ND
2007	PALOMAR	TERRY DOCKERY	7 WINS - 2 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2009	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2010	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2011	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2012	PALOMAR	JAYSON FULTZ	1 WIN - 9 LOSSES	5TH (T)
2013	PALOMAR	JOHN COLSON	0 WIN - 20 LOSSES	6TH
2014	PALOMAR	JOHN COLSON	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	JOHN COLSON	17 WINS - 3 LOSSES	1ST
2016	PALOMAR	JOHN COLSON	9 WINS - 11 LOSSES	4TH
2017	PALOMAR	JOHN COLSON	8 WINS - 12 LOSSES	4TH
2018	PALOMAR	JOHN COLSON	6 WINS - 10 LOSSES	3RD (T)
2019	PALOMAR	JOHN COLSON	1 WIN - 15 LOSSES	5TH
2020	PALOMAR	JOSE RAMIREZ	0 WIN - 5 LOSSES	5TH
2021	PALOMAR	BOB MUSHECK	2 WIN - 18 LOSSES	6TH
2022	PALOMAR	BOB MUSHECK	10 WIN - 10 LOSSES	3RD

OVERALL RECORD : 160 WINS - 202 LOSSES (.442%)

RBHS ALL-TIME TOP 10 LIST

BOYS

GIRLS

BRONCO ROUND-UP KIT CARSON 2 MILE (RECORDS START 2005 DUE TO CHANGE IN COURSE)

RANK	NAME	TIME	YEAR
1	DIMITRI VOYTILLA	9:53	2011
2	GEOFF BOGAN	9:53	2009
3	BRENDAN GEE	10:01	2012
4	NOAH RESTO	10:02	2009
5	FUYUKI KUROIWA	10:02	2016
6	PARKER STINSON	10:03	2007
7	MIKIO KUROIWA	10:03	2014
8	SENRI KUROIWA	10:05	2016
9	WYATT HILL	10:06	2014
10	KEVIN MIHALIK	10:07	2010

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	10:53	2009
2	DANIELLE VOYLES	11:23	2012
3	NIA AKINS	11:34	2015
4	JACEY FARMER	11:39	2019
5	ASHLEY LEARN	11:44	2019
6	LAUREN VOYLES	11:44	2012
7	CAROLINE DRAPER	11:47	2007
8	KATIE SAMMER	12:00	2013
9	KRISTA EGENSE	12:02	2005
10	MICHELLE LEROUX	12:06	2010

MT. SAC COURSE

RANK	NAME	TIME	YEAR
1	PARKER STINSON	15:12	2007
2	COLTON TULLY-DOYLE	15:17	2005
3	KEVIN MIHALIK	15:23	2011
4	GEOFF BOGAN	15:29	2010
5	NOAH RESTO	15:32	2009
6	CARL DARGITZ	15:33	2005
7	BRENDAN GEE	15:39	2012
8	CAMDEN LUECHT	15:40	2022
9	DIMITRI VOYTILLA	15:42	2010
10	BURAK TUFEKCI	15:44	2015

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	16:41	2009
2	JACEY FARMER	17:56	2021
3	NIA AKINS	18:01	2015
4	DANIELLE VOYLES	18:03	2012
5	BRYANNA FULLER	18:08	2014
6	CAROLINE DRAPER	18:20	2008
7	ASHLEY LEARN	18:25	2017
8	LAUREN VOYLES	18:27	2011
9	MICHELLE LEROUX	18:35	2009
10	DARINA DINOVA	18:42	2009

MORLEY FIELD CIF COURSE (BOYS 2.96 MILES - GIRLS 2.96 MILES) ** New Course as of 2017 **

RANK	NAME	TIME	YEAR
1	CAMDEN LUECHT	15:31	2022
2	TREVOR BOAZ	15:43	2018
3	LUIS BARRON	15:46	2018
4	BRANDON DAY	15:59	2022
5	JUSTIN FERGUSON	16:11	2018
6	VAUGHN LACOUR	16:12	2021
7	BOBBY SANTOS	16:13	2017
8	ROWAN NICHOLAS	16:16	2022
9	TREVOR HODGES	16:36	2018
10	MILES JONES	16:37	2019

RANK	NAME	TIME	YEAR
1	JACEY FARMER	17:27	2021
2	ASHLEY LEARN	18:14	2018
3	AUDRA SUTHERLAND	18:26	2021
4	EMMA GEORGE	18:39	2019
5	ALLISON BOAZ	19:04	2017
6	ALYSSA TIVADAR	19:11	2017
7	VICTORIA DINOVA	19:21	2019
8	IMOGEN BLEAKLEY	19:33	2017
9	MADISON LORENZ	19:36	2021
10	VANESSA RAMIREZ	19:43	2022

WOODWARD PARK STATE MEET COURSE

RANK	NAME	TIME	YEAR
1	SEAN RICKETTS	15:37	1999
2	PARKER STINSON	15:38	2007
3	KEVIN MIHALIK	15:40	2011
4	ANTHONY GIROLAMO	15:52	2010
5	CAMDEN LUECHT	15:57	2022
6	GEOFF BOGAN	15:58	2010
7	FUYUKI KUROIWA	16:00	2015
8	DIMITRI VOYTILLA	16:01	2010
9	WYATT HILL	16:01	2014
10	FUYUKI KUROIWA	16:04	2016

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	17:06	2009
2	JACEY FARMER	17:41	2021
3	LINDSAY DELAMONTAIGNE	17:57	2004
4	CAROLINE DRAPER	18:14	2008
5	NIA AKINS	18:15	2015
6	KATIE SAMMER	18:22	2013
7	ASHLEY LEARN	18:24	2018
8	ELISA KARHU	18:25	2009
9	KALEENA YEE	18:30	1997
10	JULIE MANSON	18:31	1999

MORLEY FIELD CIF COURSE (BOYS 3.05 MILES - GIRLS 2.75 MILES) ** before 2017 **

RANK	NAME	TIME	YEAR	c
1	KEVIN MIHALIK	15:54	2011	15:25
2	SEAN RICKETTS	15:55	1998	15:26
3	COLTON TULLY-DOYLE	16:04	2005	15:35
4	DIMITRI VOYTILLA	16:15	2011	15:46
5	JEFF MEISNER	16:16	1994	15:47
6	PARKER STINSON	16:22	2007	15:53
7	FUYUKI KUROIWA	16:31	2016	16:01
8	JEFF STEWART	16:32	2014	16:02
9	RYAN SHORT	16:33	1994	16:03
10	WYATT HILL	16:35	2014	16:05

RANK	NAME	TIME	YEAR	c
1	MOLLY GRABILL	*15:25	2009/10	16:36
2	LINDSAY DELAMONTAIGNE	16:03	2001	17:16
3	JULIE MANSON	16:23	1999	17:38
4	KATIE SAMMER	16:25	2013	17:40
5	DANIELLE VOYLES	16:33	2012	17:48
6	ALLISON HALL	16:36	1999	17:52
7	NIA AKINS	16:40	2015	17:56
8	CAROLINE DRAPER	16:41	2008	17:57
9	ELISA KARHU	16:45	2009	18:01
10	LAUREN VOYLES	16:48	2011	18:04

c = convert to 2017 course 2.96 MILES

*course recorded

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

GIRLS

LEAH BROWN (1991, 1992)
LAURA LEECH (1992)
KAREN RICHTER (1993)
SARAH WILKINS (*1995, 1996, 1998)
CHRISTINE KITCHEN (1995)
JULIE MANSON (1996, 1997, *1998, *1999)
KALEENA YEE (1997, 1999, 2000)
KATIE BOYD (1997, 1998)
ALLISON HALL (1998, 1999, 2000, 2001)
JAMIE DOYLE (1999)
LINDSAY DELAMONTAIGNE (*2001, 2002, 2003, 2004)
AIMEE BRADLEY (2002)
AMY SONNENBURG (2002)
AHNALISE DRAPER (2002)
DANA GERSTEN (2003)
KIYARA IRAVANI (2004)
KRISTA EGENSE (2004, 2005, 2006)
CAROLINE DRAPER (2006, 2007, 2008)
MOLLY GRABILL (2007, *2008, *2009, *2010)
MICHELLE LEROUX (2008, 2009)
DARINA DINOVA (2008, 2009)
ELISA KARHU (2009)
DANIELLE VOYLES (2011,2012)
LAUREN VOYLES (2011, 2012)
NIA AKINS (2012, *2013, 2014, *2015)
KATIE SAMMER (2013)
BRYANNA FULLER (2014)
KASSADY LEARN (2014,2016)
SYDNEY PRESNELL (2015)
ALI HARPER (2016)
ALYSSA TIVADAR (2017)
ALLISON BOAZ (2017)
ASHLEY LEARN (2017, 2018, 2019)
JACEY FARMER (*2018,*2021)
EMMA GEORGE (2019)
AUDRA SUTHERLAND (2021,2022)

* *LEAGUE CHAMPION*

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS (FINISH IN TOP 10)**

BOYS

SCOTT KOLENIC (1990, 1991, 1992)
JOSE LUNA (1992)
JEFF MEISNER (1993, 1994)
RYAN SANDERS (1993)
RYAN SHORT (1994)
ERON TELLO (1995, 1996)
MATT GALAVIZ (1996)
SEAN RICKETTS (1996, 1997, *1998, 1999)
MATT LEETCH (2002)
BRETT THOMASON (2002)
MATT SCHUBERT (2003)
COLTON TULLY-DOYLE (2004, 2005)
CARL DARGITZ (2005)
PARKER STINSON (2006, *2007)
JARED FENLASON (2006)
JAKE WERTNER (2006)
SEAN PROEHL (2007)
NOAH RESTO (2007, 2008, 2009)
ANTHONY GIROLAMO (2008, 2010)
KEVIN MIHALIK (2010, 2011)
DIMITRI VOYTILLA (2011)
BRENDAN GEE (2012)
ALEX GRIGORIEV (2012)
WYATT HILL (2014)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
TRISTAN CAPARAS (2015)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
MILES JONES (2019)
CAMDEN LUECHT (2021,2022)
BRANDON DAY (2022)

* *LEAGUE CHAMPION*

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY
SAN DIEGO SECTION ALL-CIF SELECTIONS**

GIRLS

LEAH BROWN (1992)
LAURA LEECH (1992)
KAREN RICHTER (1993)
SARAH WILKINS (1995, 1996)
JULIE MANSON (1996, 1997, 1998, 1999)
KALEENA YEE (1997, 1999)
ALLISON HALL (1998, 1999, 2001)
JAMIE DOYLE (1999)
LINDSAY DELAMONTAIGNE (2001, 2002, 2003, 2004)
CAROLINE DRAPER (2005, 2006, 2007, 2008)
MOLLY GRABILL (2007, 2008, 2009, 2010)
ELISA KARHU (2009)
MICHELLE LEROUX (2009)
DANIELLE VOYLES (2011, 2012)
KATIE SAMMER (2013)
BRYANNA FULLER (2014)
KASSADY LEARN (2014,2016)
SYDNEY PRESNELL (2015)
NIA AKINS (2013, 2014, 2015)
ALI HARPER (2016)
ALYSSA TIVADAR (2016,2017)
ASHLEY LEARN (2017, 2018, 2019)
ALLISON BOAZ (2017, 2018)
JACEY FARMER (2018, 2021)
VICTORIA DINOVA (2018, 2019)
EMMA GEORGE (2019)
AUDRA SUTHERLAND (2021,2022)

SAN DIEGO SECTION CIF CHAMPIONS

LINDSAY DELAMONTAIGNE (2001, 2004)
MOLLY GRABILL (2007, 2008, 2009, 2010)
SARAH WILKINS (1995)
NIA AKINS (2014, 2015)
JACEY FARMER (2021)

CIF TEAM CHAMPIONSHIP DIVISION 1 GIRLS (1999, 2004, 2018)

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY
SAN DIEGO SECTION ALL-CIF SELECTIONS**

BOYS

SCOTT KOLENIC (1990)
JEFF MEISNER (1994)
MATT GALAVIZ (1995)
SEAN RICKETTS (1996, 1997, 1998, 1999)
COLTON TULLY-DOYLE (2004, 2005)
SEAN PROEHL (2007)
PARKER STINSON (2007)
GEOFF BOGAN (2010)
KEVIN MIHALIK (2010, 2011)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
LUIS BARRON (2018)
CAMDEN LUECHT (2022)
BRANDON DAY (2022)
ROWAN NICHOLAS (2022)

SAN DIEGO SECTION CIF CHAMPIONS

CIF TEAM CHAMPIONSHIP DIVISION 1 BOYS (2005, 2010)

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY 2022
COACHING STAFF AND SUPPORT TEAM**

HEAD COACH
BOB MUSHECK

PRINCIPAL
HANS BECKER

ATHLETIC DIRECTOR
TRACY STOWE

ATHLETIC ASSISTANT
TERESA SMALL

ATHLETIC TRAINER
ROBBIE BOWERS, A.T.C.

TEAM/PARENT COORDINATORS



THANK YOU FOR SUPPORTING RBHS CROSS COUNTRY 2022!