



RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2021





RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY TEAM 2021

Boys	Grade
Benjamin Barrero	12
Brayden Concepcion	12
Cody Balazs	12
Drew Floyd	12
Eric Montanez	12
Herman Malik	12
Jonathan Ho	12
Joshua Miguel Ledina	12
Krishna Rastogi	12
Sachitt Arora	12
Sebastian Smits	12
Vaughn Lacey	12
Vaughn Lacour	12
Zach Sherman	12
Zachary Sherman	12
Aaron Zhang	11
Andrew Park	11
Blaize Fonseca	11
Brandon Day	11
Connor Ruuspakka	11
Evan Stup	11
Georgi Andreev	11
Hudson Blattman	11
Ian Kendrick	11
Jack Marsh	11
Jared Den Hartog	11
Nathan Williamson	11
Nolan Flores	11
Ronin Popaluca	11
Rowan Nicholas	11
Ryan Sommer	11
Andrew Gomez	10
antonio correa	10
Dylan Lent	10
Joshua Chang	10
Max Schaller	10
Noah Parzyk	10
Otis Pratt	10
Roshan Malik	10
Andy Shipman	9
Anthony Bustillo	9
Camden Luecht	9
Cole Staples	9
Jose Ramirez	9

Girls	Grade
Hannah Lefstein	12
Jacey Farmer	12
Marissa Castro	12
Tina Tebyanian	12
Audra Sutherland	11
Audrey Stoffel	11
Elle Maglalang	11
Vanessa Ramirez	11
Adalyn Kobs	10
Airi Coker	10
Ava Razon	10
Ayane Coker	10
Fabiola Cesena	10
Jasmyne Castro	10
Kaelyn Style	10
Madison Lorenz	10
Marin Baccei	10
Marley Lippincott	10
Parnian Kavooosi	10
Renae Anderson	10
Yasmin Amani	10
Anvi Kakar	9
Masantu Hummler	9
Rheya Cummins	9
Yena Kim	9



2021 Season Summary

RB Cross Country



Date	Event	Course	New PR's	# Runners
27-Nov	CA State Finals	Woodward Park	1	2
20-Nov	San Diego Section Finals	Morley Field	3	14
13-Nov	NCC Conference Championships	Guajome Park	9	20
5-Nov	Palomar JV Cluster	Kit Carson Park	1	28
29-Oct	Palomar Cluster 2	Mt. Carmel HS	16	48
23-Oct	Mt. Sac Invitational	Mt. Sac	2	6
22-Oct	Kit Carson Invite	Kit Carson Park	16	42
9-Oct	So Cal Invitational	Guajome Park	16	47
2-Oct	Palomar Cluster Meet	Del Norte HS		36
25-Sep	Dana Hills Invitational	Dana Hills HS	16	53
18-Sep	Mt. Carmel Invitational	Morley Field	15	41
4-Sep	CCA Ravens/Fleet Feet XC Invite	Canyon Crest Academy HS		50
28-Aug	Bronco Invitational	Kit Carson Park	15	48



BRONCO ROUND-UP 2021 @ Kit Carson Park

Saturday, August 28th, 2021
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Girls Results

Varsity Girls

Place	Name	Grade	FINISH	PACE
1	Jacey Farmer	12	11:41.9	5:51.0
2	Audra Sutherland	11	12:33.1	6:16.5
3	Madison Lorenz	10	12:36.4	6:18.2
9	Vanessa Ramirez	11	13:27.2	6:43.6
16	Hannah Lefstein	12	13:50.5	6:55.3

2 Miles D2 Varsity

Official Team Scores

1 Rancho Bernardo	25
2 Bonita Vista	77
3 San Dieguito Academy	85
4 Grossmont	103
5 Vista	105
6 Del Lago Academy	144
7 Imperial	153
8 Santa Fe Christian	199
9 La Jolla Country Day	202



JV GIRLS

Place	Name	Grade	FINISH	PACE
2	Adalyn Kobs	10	14:03.2	7:01.6
8	Renaë Anderson	10	15:01.9	7:31.0
12	Jasmyne Castro	10	15:22.3	7:41.2
13	Ava Razon	10	15:22.8	7:41.4
15	Ayane Coker	10	15:27.0	7:43.5
22	Elle Maglalang	11	15:48.1	7:54.1
25	Kaelyn Style	10	15:55.3	7:57.7
26	Anvi Kakar	9	15:56.0	7:58.0
29	Tina Tebyanian	12	16:01.0	8:00.5
30	Airi Coker	10	16:03.4	8:01.7
34	Yena Kim	9	16:32.6	8:16.3
38	Marissa Castro	12	16:42.2	8:21.1
57	Marley Lippincott	10	17:41.3	8:50.7
58	Audrey Stoffel	11	17:42.7	8:51.4
60	Marin Baccei	10	17:46.6	8:53.3

2 Miles D2 Junior Varsity

Official Team Scores

1 Classical Academy	41
2 Rancho Bernardo	44
3 San Dieguito Academy	69
4 Calvin Christian	103
5 Bonita Vista	130
6 Santa Fe Christian	180
7 Grossmont	187
8 Imperial	199

BRONCO ROUND-UP 2021 @ Kit Carson Park

Saturday, August 28th, 2021
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice



BRONCO ROUND-UP 2021 @ Kit Carson Park

Saturday, August 28th, 2021
2.0 Miles Varsity, JV 10-12, JV Frosh/Novice

Boys Results

Varsity Boys

Place	Name	Grade	FINISH	PACE
12	Vaughn Lacour	12	11:24.4	5:42.2
14	Cody Balazs	12	11:28.1	5:44.0
15	Andrew Park	11	11:29.2	5:44.6
18	Rowan Nicholas	11	11:30.5	5:45.2
21	Brandon Day	11	11:31.7	5:45.9
36	Hudson Blattman	11	12:05.8	6:02.9
45	Jack Marsh	11	12:24.5	6:12.3
47	Evan Stup	11	12:31.2	6:15.6
48	Drew Floyd	12	12:34.4	6:17.2
49	Ian Kendrick	11	12:35.4	6:17.7
54	Georgi Andreev	11	12:53.4	6:26.7

2 Miles D2 Varsity

Official Team Scores

1 Vista	60
2 Rancho Bernardo	61
3 San Dieguito Academy	65
4 Del Lago Academy	94
5 San Diego	130
6 Bonita Vista	131
7 La Jolla Country Day	187
8 Imperial	240
9 Calvin Christian	256

JV Boys

Place	Name	Grade	FINISH	FINISH
6	Herman Malik	12	12:20.1	6:10.1
18	Sebastian Smits	12	13:01.3	6:30.7
20	Jonathan Ho	12	13:03.7	6:31.9
21	Dylan Lent	10	13:04.1	6:32.1
24	Max Schaller	10	13:11.6	6:35.8
29	Benjamin Barrero	12	13:34.4	6:47.2
53	Blaize Fonseca	11	14:57.2	7:28.6
55	Nolan Flores	11	15:01.3	7:30.7

2 Miles D2 Junior Varsity

Official Team Scores

1 Maranatha Christian	67
2 Bonita Vista	70
3 Rancho Bernardo	76
4 San Dieguito Academy	93
5 Coastal Academy	116
6 San Diego	119
7 Classical Academy	143
8 La Jolla Country Day	221

Frosh/Novice Boys

Place	Name	Grade	FINISH	FINISH
1	Camden Luecht	9	11:33.9	5:47.0
18	Anthony Bustillo	9	13:37.2	6:48.6
21	Antonio Correa	10	13:46.7	6:53.4
27	Otis Pratt	10	14:04.8	7:02.4
48	Jose Ramirez	9	14:59.8	7:29.9
59	Gibson Roque	10	16:15.4	8:07.7
61	Cole Staples	9	16:19.9	8:10.0
67	Joshua Chang	10	16:38.7	8:19.3

2 Miles D2 Frosh/Novice

Official Team Scores

1 Calvin Christian	32
2 Classical Academy	46
3 San Dieguito Academy	77
4 Rancho Bernardo	95
5 The Bishop's School	130
6 Bonita Vista	143
7 La Jolla Country Day	160

BRONCO ROUND-UP 2021 @ Kit Carson Park

Saturday, August 28th, 2021

Miles Varsity, JV 10-12, JV Frosh/Novice



CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 4, 2021 Canyon Crest Academy

2.15 Miles Varsity, JV 10-12, JV Frosh/Novice

Girls Results

3 Miles Senior/ Invitational

PL	NAME	GR	FINISH	PACE
6	Jacey Farmer	12	17:35.6	5:51.9
8	Audra Sutherland	11	18:02.9	6:01.0
19	Madison Lorenz	10	18:39.2	6:13.1
37	Vanessa Ramirez	11	19:38.0	6:32.7
53	Hannah Lefstein	12	20:31.3	6:50.4

3 Miles Junior

PL	NAME	GR	FINISH	PACE
41	Elle Maglalang	11	23:29.5	7:49.8

3 Miles Sophomore

PL	NAME	GR	FINISH	PACE
11	Adalyn Kobs	10	21:00.0	7:00.0
33	Jasmyne Castro	10	22:17.6	7:25.9
41	Airi Coker	10	23:21.1	7:47.0
45	Ayane Coker	10	24:03.0	8:01.0
49	Kaelyn Style	10	24:15.8	8:05.3

3 Miles Freshmen

PL	NAME	GR	FINISH	PACE
32	Yena Kim	9	24:12.4	8:04.1

1.5 Miles Junior/ Senior 1.5

PL	NAME	GR	FINISH	PACE
18	Tina Tebyanian	12	10:22.7	6:55.2
20	Marissa Castro	12	10:41.9	7:07.9
22	Audrey Stoffel	11	10:52.5	7:15.0

1.5 Miles Frosh/ Soph 1.5

PL	NAME	GR	FINISH	PACE
23	Rheya Cummins	9	10:39.8	7:06.5
28	Anvi Kakar	9	11:01.9	7:21.3
38	Marley Lippincott	10	11:21.8	7:34.6
46	Parnian Kavoosi	10	11:31.0	7:40.7
60	Marin Baccei	10	11:49.5	7:53.0
73	Yasmin Amani	10	12:22.7	8:15.1
81	Masantu Hummler	9	12:42.5	8:28.3

CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 4, 2021 Canyon Crest Academy
2.15 Miles Varsity, JV 10-12, JV Frosh/Novice



CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 4, 2021 Canyon Crest Academy

2.15 Miles Varsity, JV 10-12, JV Frosh/Novice

Boys Results

3 Miles Senior/ Invitational

PL	NAME	GR	FINISH	PACE
27	Vaughn Lacour	12	16:08.9	5:23.0
35	Zachary Sherman	12	16:28.0	5:29.3
43	Cody Balazs	12	16:38.0	5:32.7
55	Brandon Day	11	16:51.6	5:37.2
62	Rowan Nicholas	11	17:00.0	5:40.0
68	Andrew Park	11	17:12.0	5:44.0
96	Herman Malik	12	18:05.3	6:01.8
104	Drew Floyd	12	18:28.4	6:09.5
107	Jonathan Ho	12	18:31.8	6:10.6
128	Benjamin Barrero	12	19:22.8	6:27.6

3 Miles Junior

PL	NAME	GR	FINISH	PACE
40	Hudson Blattman	11	18:19.4	6:06.5
41	Georgi Andreev	11	18:24.0	6:08.0
42	Ian Kendrick	11	18:24.4	6:08.2
43	Evan Stup	11	18:28.5	6:09.5
45	Aaron Zhang	11	18:35.2	6:11.7
68	Jack Marsh	11	19:34.9	6:31.6
92	Blaize Fonseca	11	21:58.2	7:19.4

3 Miles Sophomore

PL	NAME	GR	FINISH	PACE
55	Max Schaller	10	19:18.6	6:26.2
69	Dylan Lent	10	19:53.3	6:37.8
76	Antonio Correa	10	20:10.6	6:43.5
84	Roshan Malik	10	20:40.4	6:53.5

CCA Ravens Fleet Feet SD XC Invitational

Saturday, September 4, 2021 Canyon Crest Academy
2.15 Miles Varsity, JV 10-12, JV Frosh/Novice

3 Miles Freshmen

PL	NAME	GR	FINISH	PACE
43	Jose Ramirez	9	20:37.3	6:52.4
52	Anthony Bustillo	9	21:19.8	7:06.6

1.5 Miles Junior/ Senior 1.5

PL	NAME	GR	FINISH	PACE
66	Ronin Popaluca	11	10:03.9	6:42.6

1.5 Miles Frosh/ Soph 1.5

PL	NAME	GR	FINISH	PACE
54	Cole Staples	9	10:13.0	6:48.7
72	Gibson Roque	10	10:56.0	7:17.4
75	Connor Ruuspakka	11	11:06.7	7:24.5
81	Joshua Chang	10	11:16.9	7:31.3





Mt. Carmel/ASICS XC Invitational

Saturday, September 18, 2021, @ Morley Field, CA

Girls 2.75 Miles / Boys 2.95 Miles

Girls Results

2.75 Miles D-1 Senior/Invite

PL	NAME	GR	FINISH	PACE
1	Jacey Farmer	12	16:03.8	5:50.5
4	Audra Sutherland	11	16:48.2	6:06.6
14	Madison Lorenz	10	17:32.7	6:22.8
46	Hannah Lefstein	12	19:21.2	7:02.3
65	Tina Tebyanian	12	20:31.8	7:27.9

2.75 Miles D-1 Senior/Invite

Official Team Scores

1	Los Alamitos	64
2	Rancho Bernardo	86
3	Otay Ranch	89
4	El Camino (Oceansid)	90
5	Vista	134
6	Mission Hills	142
7	Warren	147
8	Del Norte	192
9	Steele Canyon	208
10	Calexico	212



Mt. Carmel/ASICS XC Invitational

Saturday, September 18, 2021, @ Morley Field, CA

Girls 2.75 Miles / Boys 2.95 Miles

2.75 Miles D-1 Junior

PL	NAME	GR	FINISH	PACE
10	Vanessa Ramirez	11	18:19.9	6:40.0
64	Elle Maglalang	11	22:53.7	8:19.5

2.75 Miles D-1 Sophomore

PL	NAME	GR	FINISH	PACE
16	Adalyn Kobs	10	19:25.1	7:03.7
28	Jasmyne Castro	10	20:13.0	7:21.1
34	Kaelyn Style	10	20:55.7	7:36.6
40	Airi Coker	10	21:08.8	7:41.4
50	Ayane Coker	10	22:02.9	8:01.1
68	Rena Anderson	10	22:46.5	8:16.9
81	Marley Lippincott	10	24:40.1	8:58.2
84	Marin Baccei	10	24:55.9	9:04.0
89	Yasmin Amani	10	25:52.3	9:24.5

2.75 Miles D-1 Sophomore

Official Team Scores

1	Martin Luther King	69
2	El Camino (Oceansid	73
3	San Dieguito Acaden	77
4	Del Norte	90
5	Rancho Bernardo	115
6	Aliso Niguel	145
7	Steele Canyon	164
8	Cibola	176
9	Warren	216

2.75 Miles D-1 Frosh

PL	NAME	GR	FINISH	PACE
48	Yena Kim	9	22:36.6	8:13.3
61	Anvi Kakar	9	23:39.9	8:36.3
94	Parnian Kavooosi	10	26:32.7	9:39.2
97	Masantu Hummler	9	27:15.7	9:54.8

Mt. Carmel/ASICS XC Invitational

Saturday, September 18, 2021, @ Morley Field, CA

Girls 2.75 Miles / Boys 2.95 Miles

Boys Results

2.95 Miles D-1 Senior/Invite

PL	NAME	GR	FINISH	PACE
58	Cody Balazs	12	18:03.2	6:07.2
109	Drew Floyd	12	19:24.0	6:34.6
111	Herman Malik	12	19:25.1	6:34.9
146	Benjamin Barrero	12	20:46.9	7:02.7
156	Sebastian Smits	12	21:25.6	7:15.8

2.95 Miles D-1 Senior/Invite

Official Team Scores

1 Loyola	26
2 Otay Ranch	88
3 Steele Canyon	142
4 Westview	185
5 Del Norte	186
18 Rancho Bernardo	442

2.95 Miles D-1 Junior

PL	NAME	GR	FINISH	PACE
9	Rowan Nicholas	11	17:47.4	6:01.8
15	Andrew Park	11	18:10.7	6:09.7
21	Hudson Blattman	11	18:41.7	6:20.2
32	Jack Marsh	11	19:07.4	6:28.9
38	Georgi Andreev	11	19:18.9	6:32.8
40	Ian Kendrick	11	19:19.3	6:33.0
57	Aaron Zhang	11	20:38.7	6:59.9
88	Nolan Flores	11	22:34.2	7:39.1
103	Ronin Popaluca	11	24:32.5	8:19.2

2.95 Miles D-1 Junior

Official Team Scores

1 Otay Ranch	91
2 Rancho Bernardo	98
3 Canyon Crest Acadei	98
4 Green Valley	119
5 Loyola	119
6 Eastlake	127
7 Poway	153
8 San Dieguito Acaden	177
9 Steele Canyon	235
10 Del Norte	248

Mt. Carmel/ASICS XC Invitational

Saturday, September 18, 2021, @ Morley Field, CA

Girls 2.75 Miles / Boys 2.95 Miles

2.95 Miles D-1 Sophomore

PL	NAME	GR	FINISH	PACE
62	Dylan Lent	10	20:34.1	6:58.3
85	Antonio Correa	10	21:58.2	7:26.8
100	Gibson Roque	10	23:56.9	8:07.1
104	Joshua Chang	10	24:26.5	8:17.1
106	Otis Pratt	10	24:53.4	8:26.2

2.95 Miles D-1 Sophomore

Official Team Scores

1 Loyola	49
2 Del Norte	117
3 Canyon Crest Acader	119
4 Olympian	137
5 El Camino (Oceansid	140
14 Rancho Bernardo	338

2.95 Miles D-1 Frosh

PL	NAME	GR	FINISH	PACE
69	Jose Ramirez	9	21:59.9	7:27.4
95	Cole Staples	9	22:48.6	7:43.9





Dana Hills Invitational

Saturday, September 25, 2021, Dana Hills High School, Dana Point
3.0 Miles

Girls Results

3 Miles D1 Girls Senior/Invitational

PL	NAME	GR	FINISH	PACE
6	Jacey Farmer	12	17:15.9	5:45.3
35	Audra Sutherland	11	18:15.6	6:05.2
69	Madison Lorenz	10	18:56.9	6:19.0

3 Miles D2 Girls Senior

PL	NAME	GR	FINISH	PACE
36	Hannah Lefstein	12	21:49.1	7:16.4
45	Tina Tebyanian	12	22:16.0	7:25.3
79	Marissa Castro	12	24:46.5	8:15.5

3 Miles D2 Girls Junior

PL	NAME	GR	FINISH	PACE
10	Vanessa Ramirez	11	19:40.1	6:33.4
71	Elle Maglalang	11	23:28.6	7:49.5
79	Audrey Stoffel	11	24:08.8	8:02.9

3 Miles D2 Girls Sophomore

PL	NAME	GR	FINISH	PACE
14	Adalyn Kobs	10	20:21.8	6:47.3
38	Jasmyne Castro	10	21:46.8	7:15.6
42	Renae Anderson	10	21:58.1	7:19.4
44	Ava Razon	10	22:12.1	7:24.0
52	Kaelyn Style	10	22:32.2	7:30.7
59	Airi Coker	10	23:12.9	7:44.3
85	Marley Lippincott	10	25:20.2	8:26.7

3 Miles D2 Girls Sophomore

Official Team Scores

1 Capistrano Valley	68
2 Rancho Bernardo	103
3 Peninsula	103
4 El Toro	111
5 Scripps Ranch	114
6 Troy	122
7 Murrieta Mesa	127
8 University Irvine	158
9 Mission Viejo	204
10 San Juan Hills	217



Dana Hills Invitational

Saturday, September 25, 2021, Dana Hills High School, Dana Point
3.0 Miles

3 Miles D2 Girls Freshmen

PL	NAME	GR	FINISH	PACE
44	Rheya Cummins	10	22:25.7	7:28.6
62	Anvi Kakar	9	23:16.9	7:45.6
75	Yena Kim	9	23:52.0	7:57.3
100	Parnian Kavooosi	10	26:25.8	8:48.6
112	Masantu Hummler	9	27:13.4	9:04.5

3 Miles D2 Girls Freshmen

Official Team Scores

1	Santa Monica	60
2	El Toro	78
3	San Juan Hills	106
4	Newport Harbor	133
5	Peninsula	160
6	Mission Viejo	177
7	Capistrano Valley	178
8	South Torrance	206
9	University Irvine	216
10	Foothill (Santa Ana)	235
11	Ramona	249
12	Rancho Bernardo	262
13	Mira Costa	263

Dana Hills Invitational

Saturday, September 25, 2021, Dana Hills High School, Dana Point
3.0 Miles

Boys Results

3 Miles D2 Boys Senior

PL	NAME	GR	FINISH	PACE
16	Zachary Sherman	12	16:28.2	5:29.4
17	Vaughn Lacour	12	16:28.9	5:29.6
28	Cody Balazs	12	16:49.0	5:36.3
58	Herman Malik	12	17:22.5	5:47.5
79	Jonathan Ho	12	18:26.6	6:08.9
89	Drew Floyd	12	18:40.7	6:13.6
98	Sebastian Smits	12	19:15.6	6:25.2
99	Benjamin Barrero	12	19:21.3	6:27.1

3 Miles D2 Boys Senior

Official Team Scores

1 Troy	63
2 South Torrance	100
3 Rancho Bernardo	123
4 Foothill (Santa Ana)	130
5 Santa Monica	144
6 Peninsula	174
7 Palos Verdes	196

3 Miles D2 Boys Junior

PL	NAME	GR	FINISH	PACE
17	Rowan Nicholas	11	16:36.7	5:32.2
34	Andrew Park	11	17:03.8	5:41.3
40	Hudson Blattman	11	17:20.0	5:46.7
56	Brandon Day	11	17:51.4	5:57.1
66	Aaron Zhang	11	18:07.1	6:02.4
72	Georgi Andreev	11	18:08.4	6:02.8
73	Jack Marsh	11	18:08.8	6:02.9
74	Ian Kendrick	11	18:10.2	6:03.4
136	Nolan Flores	11	21:02.0	7:00.7
149	Blaize Fonseca	11	22:02.1	7:20.7
152	Ronin Popaluca	11	22:15.9	7:25.3
154	Connor Ruuspakka	11	22:29.3	7:29.8

3 Miles D2 Boys Junior

Official Team Scores

1 Vista	96
2 Palos Verdes	149
3 Rancho Bernardo	151
4 Peninsula	158
5 Scripps Ranch	158
6 University Irvine	158
7 San Juan Hills	163
8 South Torrance	166
9 Santa Monica	196
10 El Toro	201
11 Ramona	208
12 Patriot	232
13 Valley View	275
14 Mira Mesa	339
15 Foothill (Santa Ana)	426

Dana Hills Invitational

Saturday, September 25, 2021, Dana Hills High School, Dana Point
3.0 Miles

3 Miles D2 Boys Sophomore

PL	NAME	GR	FINISH	PACE
46	Max Schaller	10	18:20.8	6:06.9
81	Antonio Correa	10	19:58.6	6:39.5
82	Roshan Malik	10	19:59.3	6:39.8
96	Dylan Lent	10	20:27.6	6:49.2
121	Otis Pratt	10	21:45.1	7:15.0
128	Joshua Chang	10	22:12.2	7:24.1
155	Gibson Roque	10	25:27.6	8:29.2

3 Miles D2 Boys Sophomore

Official Team Scores

1	La Costa Canyon	53
2	Palos Verdes	71
3	Capistrano Valley	87
4	Murrieta Mesa	147
5	Peninsula	153
6	Foothill (Santa Ana)	195
7	San Juan Hills	212
8	Scripps Ranch	221
9	San Marcos	236
10	University Irvine	274
11	Norco	281
12	Bonita Vista	283
13	Rancho Bernardo	309
14	South Torrance	318
15	Troy	326
16	El Toro	378

3 Miles D2 Boys Freshmen

PL	NAME	GR	FINISH	PACE
1	Camden Luecht	9	16:16.3	5:25.4
58	Anthony Bustillo	9	19:40.8	6:33.6
77	Jose Ramirez	9	20:14.5	6:44.8
117	Cole Staples	9	21:40.4	7:13.5



Palomar League Cluster #1

Saturday, October 2, 2021 @ Del Norte HS
3.0 MILE

Girls Results

3 Miles Varsity

PL	FIRST	GR	FINISH	PACE
2	Jacey Farmer	12	17:21.5	5:47.2
7	Audra Sutherland	11	18:01.3	6:00.4
19	Madison Lorenz	10	19:29.9	6:30.0
28	Vanessa Ramirez	11	20:01.7	6:40.6
41	Renae Anderson	10	21:40.3	7:13.4

3 Miles Varsity

Official Team Scores

1 Del Norte	47
2 Poway	56
3 Mt Carmel	82
4 San Marcos	85
5 Rancho Bernardo	93
6 Westview	146

3 Miles Junior Varsity

PL	FIRST	GR	FINISH	PACE
5	Jasmyne Castro	10	21:37.1	7:12.4
8	Kaelyn Style	10	21:59.6	7:19.9
20	Yena Kim	9	23:14.8	7:44.9
23	Rheya Cummins	9	23:22.8	7:47.6
30	Anvi Kakar	9	24:25.8	8:08.6
31	Audrey Stoffel	11	24:58.4	8:19.5
32	Marley Lippincott	10	25:06.7	8:22.2
36	Elle Maglalang	11	25:49.0	8:36.3
40	Marin Baccei	10	26:44.7	8:54.9

3 Miles Junior Varsity

Official Team Scores

1 San Marcos	35
2 Del Norte	45
3 Rancho Bernardo	67
4 Westview	97



Palomar League Cluster #1

Saturday, October 2, 2021 @ Del Norte HS

3.0 MILE

Boys Results

3 Miles Varsity

PL	NAME	GR	FINISH	PACE
14	Camden Luecht	9	16:13.7	5:24.6
15	Vaughn Lacour	12	16:15.1	5:25.0
23	Zachary Sherman	12	16:36.4	5:32.1
25	Rowan Nicholas	11	16:41.3	5:33.8
34	Andrew Park	11	17:10.8	5:43.6
39	Brandon Day	11	17:38.3	5:52.8
41	Hudson Blattman	11	17:43.1	5:54.4
43	Georgi Andreev	11	17:44.2	5:54.7
45	Jonathan Ho	12	17:49.5	5:56.5
59	Benjamin Barrero	12	19:29.9	6:30.0
61	Sebastian Smits	12	20:08.9	6:43.0

3 Miles Varsity

Official Team Scores

1 Mt Carmel	31
2 Westview	59
3 San Marcos	103
4 Del Norte	109
5 Poway	109
6 Rancho Bernardo	110

3 Miles Junior Varsity

PL	NAME	GR	FINISH	PACE
5	Ian Kendrick	11	17:58.7	5:59.6
16	Max Schaller	10	18:36.3	6:12.1
17	Jack Marsh	11	18:48.3	6:16.1
32	Roshan Malik	10	19:49.7	6:36.6
47	Antonio Correa	10	20:54.6	6:58.2
51	Nolan Flores	11	21:36.2	7:12.1
57	Cole Staples	9	21:58.5	7:19.5
62	Connor Ruuspakka	11	22:35.9	7:32.0
63	Blaize Fonseca	11	22:48.5	7:36.2
67	Joshua Chang	10	23:00.4	7:40.1
68	Otis Pratt	10	23:08.6	7:42.9

3 Miles Junior Varsity

Official Team Scores

1 Mt Carmel	33
2 Del Norte	64
3 Poway	69
4 Westview	95
5 Rancho Bernardo	102
6 San Marcos	174

39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA



Girls Results

5,000 Meters Combined Varsity

PL	NAME	GR	FINISH	PACE
8	Audra Sutherland	11	19:05.2	6:09.4
19	Madison Lorenz	10	19:58.9	6:26.7
54	Adalyn Kobs	10	21:40.1	6:59.4

5,000 Meters Combined Varsity

Official Team Scores

1 Torrey Pines	42
2 Del Norte	54
3 Poway	56

5,000 Meters Division 1 & 2 Novice

PL	NAME	GR	FINISH	PACE
3	Kaelyn Style	10	23:11.6	7:28.9
8	Anvi Kakar	9	23:34.9	7:36.4
13	Rheya Cummins	9	23:55.3	7:43.0
36	Parnian Kavooosi	10	27:36.4	8:54.3
51	Yasmin Amani	10	29:27.9	9:30.3
54	Masantu Hummler	9	30:12.5	9:44.7
56	Fabiola Cesena	10	30:38.9	9:53.2

5,000 Meters D1 & 2 Novice

Official Team Scores

1 Del Norte	65
2 San Marcos	66
3 Rancho Bernardo	68
4 El Camino (Oceanside)	94
5 Vista	95
6 Oceanside	97

5,000 Meters Division 1 JV Girls

PL	NAME	GR	FINISH	PACE
17	Jasmyne Castro	10	22:56.7	7:24.1
20	Tina Tebyanian	12	23:03.3	7:26.2
22	Renae Anderson	10	23:21.5	7:32.1
25	Ayane Coker	10	23:59.1	7:44.2
29	Airi Coker	10	24:29.5	7:54.0
33	Ava Razon	10	24:45.0	7:59.0
50	Elle Maglalang	11	25:52.6	8:20.8
51	Marissa Castro	12	26:19.7	8:29.6
58	Marley Lippincott	10	27:05.7	8:44.4
59	Audrey Stoffel	11	27:07.1	8:44.9
70	Marin Baccei	10	28:59.3	9:21.1

5,000 Meters D1 JV Girls

Official Team Scores

1 Poway	47
2 El Camino (Oceanside)	57
3 Del Norte	61
4 Torrey Pines	76
5 Rancho Bernardo	112
6 San Marcos	156
7 Mission Vista	182
8 Westview	232

39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA



39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA



39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA

Boys Results

5,000 Meters Combined Varsity

PL	NAME	GR	FINISH	PACE
18	Camden Luecht	9	16:57.5	5:28.2
30	Rowan Nicholas	11	17:20.8	5:35.7
34	Cody Balazs	12	17:22.9	5:36.4
42	Brandon Day	11	17:28.9	5:38.4
47	Zachary Sherman	12	17:33.6	5:39.9
88	Georgi Andreev	11	18:41.1	6:01.6

5,000 Meters Division 1 & 2 Novice

PL	NAME	GR	FINISH	PACE
13	Roshan Malik	10	20:10.4	6:30.5
25	Antonio Correa	10	20:47.1	6:42.3
42	Otis Pratt	10	22:02.0	7:06.5
50	Joshua Chang	10	22:26.9	7:14.5
58	Ronin Popaluca	11	22:51.7	7:22.5
60	Cole Staples	9	22:56.2	7:23.9

Mens Results

5,000 Meters Combined Varsity

Official Team Scores

1 Torrey Pines	54
2 El Camino (Oceanside)	68
3 Del Norte	86
4 Poway	151
5 Rancho Bernardo	162
6 Vista	176
7 Westview	211
8 San Diego	248
9 Carlsbad	268
10 Ramona	277

5,000 Meters Division 1 & 2 Novice

Official Team Scores

1 Poway	41
2 Del Norte	66
3 El Camino (Oceanside)	91
4 Oceanside	106
5 Rancho Bernardo	145
6 Torrey Pines	159
7 Canyon Crest Academy	159
8 Southwest (SD)	167
9 San Marcos	206

39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA

5,000 Meters Division 1 JV Boys

PL	NAME	GR	FINISH	PACE
3	Herman Malik	12	18:01.2	5:48.8
4	Hudson Blattman	11	18:07.5	5:50.8
18	Jack Marsh	11	18:41.8	6:01.9
19	Andrew Park	11	18:43.8	6:02.5
25	Jonathan Ho	12	18:49.0	6:04.2
32	Aaron Zhang	11	19:17.8	6:13.5
41	Max Schaller	10	19:36.7	6:19.6
45	Drew Floyd	12	19:45.0	6:22.3
48	Benjamin Barrero	12	19:52.1	6:24.5
54	Evan Stup	11	19:58.6	6:26.6
69	Dylan Lent	10	20:28.6	6:36.3
79	Sebastian Smits	12	20:50.6	6:43.4
107	Nolan Flores	11	22:16.2	7:11.0
108	Blaize Fonseca	11	22:16.3	7:11.1

5,000 Meters Division 1 JV Boys

Official Team Scores

1 Torrey Pines	33
2 Canyon Crest Academy	54
3 Rancho Bernardo	65
4 Poway	115
5 Del Norte	146
6 El Camino (Oceanside)	159
7 Westview	198
8 Carlsbad	241
9 Mission Vista	264
10 San Marcos	293



39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA



39th Annual Asics Southern Cal Invitational

Saturday, October 9, 2021 Guajome Park Course - Oceanside, CA



28th Annual Kit Carson XC Invitational

Friday, October 22, 2021 Kit Carson Park ~ Escondido, CA



Girls Results

2.75 Miles Black Division Varsity

PL	NAME	GR	FINISH	PACE
46	Jasmyne Castro	10	19:59.8	7:16.3
47	Kaelyn Style	10	20:01.1	7:16.8
55	Renae Anderson	10	20:29.8	7:27.2
71	Ayane Coker	10	21:18.5	7:44.9
80	Airi Coker	10	22:03.9	8:01.4

2.75 Miles Varsity

Official Team Scores

1	Trabuco Hills	45
2	Steele Canyon	78
3	Westview	104
4	Mater Dei	122
5	Vista	143
6	Mission Vista	158
7	Bonita Vista	181
8	San Dieguito Academy	188
9	The Bishop's School	238
10	Rancho Bernardo	250

2.75 Miles Black Division JV

PL	NAME	GR	FINISH	PACE
25	Anvi Kakar	9	20:26.9	7:26.1
38	Tina Tebyanian	12	20:59.7	7:38.1
60	Rheya Cummins	9	21:32.2	7:49.9
63	Audrey Stoffel	11	21:36.5	7:51.5
102	Marissa Castro	12	22:52.9	8:19.2
103	Elle Maglalang	11	22:54.1	8:19.7
109	Marley Lippincott	10	23:08.7	8:25.0
112	Parnian Kavooosi	10	23:12.7	8:26.4
132	Marin Baccei	10	24:09.8	8:47.2
143	Fabiola Cesena	10	24:26.5	8:53.3
164	Masantu Hummler	9	26:13.5	9:32.2

2.75 Miles JV

Official Team Scores

1	Trabuco Hills	25
2	Del Norte	72
3	Scripps Ranch	101
4	Steele Canyon	107
5	San Dieguito Academy	135
6	Calvin Christian	174
7	Rancho Bernardo	184
8	Mission Vista	222
9	Mater Dei	273
10	Patrick Henry	289
11	Westview	306
12	Vista	334



28th Annual Kit Carson XC Invitational

Friday, October 22, 2021 Kit Carson Park ~ Escondido, CA

Boys Results

3.05 Miles Black Division Varsity

PL	NAME	GR	FINISH	PACE
3	Vaughn Lacour	12	17:02.1	5:35.1
4	Camden Luecht	9	17:04.7	5:36.0
15	Cody Balazs	12	17:45.6	5:49.4
23	Rowan Nicholas	11	18:06.4	5:56.2
26	Brandon Day	11	18:08.9	5:57.0
30	Hudson Blattman	11	18:15.9	5:59.3
32	Andrew Park	11	18:17.9	6:00.0
33	Georgi Andreev	11	18:19.5	6:00.5
35	Herman Malik	12	18:20.5	6:00.8
44	Jonathan Ho	12	18:45.5	6:09.0

3.05 Miles Varsity

Official Team Scores

1 Del Norte	59
2 Vista	63
3 Rancho Bernardo	71
4 San Dieguito Academy	78
5 Paloma Valley	167
6 Bonita Vista	174
7 Mission Vista	188
8 Mt Carmel	221
9 Poway	237
10 Steele Canyon	288

3.05 Miles Black Division JV

PL	NAME	GR	FINISH	PACE
7	Ian Kendrick	11	18:39.9	6:07.2
15	Jack Marsh	11	19:03.1	6:14.8
16	Drew Floyd	12	19:05.4	6:15.5
21	Max Schaller	10	19:14.2	6:18.4
35	Dylan Lent	10	19:58.7	6:33.0
57	Evan Stup	11	20:42.3	6:47.3
58	Sebastian Smits	12	20:44.3	6:48.0
60	Benjamin Barrero	12	20:46.8	6:48.8
69	Antonio Correa	10	21:00.9	6:53.4
90	Otis Pratt	10	21:29.9	7:02.9
102	Nolan Flores	11	21:56.9	7:11.8
107	Cole Staples	9	22:08.8	7:15.7
108	Blaize Fonseca	11	22:09.8	7:16.0
113	Connor Ruuspakka	11	22:21.9	7:20.0
116	Ronin Popaluca	11	22:37.3	7:25.0
118	Joshua Chang	10	22:44.6	7:27.4

3.05 Miles JV

Official Team Scores

1 Del Norte	39
2 Mt Carmel	68
3 Scripps Ranch	77
4 Rancho Bernardo	87
5 San Dieguito Academy	99
6 Steele Canyon	168
7 Bonita Vista	172
8 Westview	242
9 Mission Vista	250
10 Patrick Henry	259

28th Annual Kit Carson XC Invitational

Friday, October 22, 2021 Kit Carson Park ~ Escondido, CA





73rd Annual Mt. SAC XC Invitational

Saturday, October 23, 2021 Mt. San Antonio College ~ Walnut, CA

Girls Results

PL	NAME	GR	FINISH	PACE
3	Jacey Farmer	12	17:56	5:58
11	Audra Sutherland	11	18:46	6:15
48	Vanessa Ramirez	11	20:04	6:41
55	Madison Lorenz	10	20:14	6:44
89	Adalyn Kobs	10	21:43	7:14
109	Hannah Lefstein	12	24:05	8:01



Race 60 - Girls D1&2 Individual Sweepstakes - 3 Mile

10/23/2021 - 9:25am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Del Norte	94	1:34:49	18:58	6:20	1:37	5-10-16-33-34-56-72	5-9-15-32-33-55-71
2	Poway	109	1:34:47	18:58	6:20	2:23	2-8-25-26-52-57-85	2-7-24-25-51-56-84
3	Vista Murrieta	138	1:36:54	19:23	6:28	1:53	4-27-30-40-41-53	4-26-29-39-40-52
4	Peninsula	163	1:36:17	19:16	6:26	3:02	1-19-36-50-61-65-69	1-18-35-49-60-64-68
5	Aliso Niguel	178	1:38:24	19:41	6:34	1:23	14-28-38-49-54-95-102	13-27-37-48-53-94-101
6	La Serna	197	1:38:44	19:45	6:35	1:39	13-31-32-60-66	12-30-31-59-65
7	Ayala	198	1:38:45	19:45	6:35	2:02	9-35-45-46-68-74-75	8-34-44-45-67-73-74
8	Rancho Bernardo	202	1:38:43	19:45	6:35	3:47	3-11-48-55-89-109	3-10-47-54-88-107
9	Etiwanda	225	1:39:35	19:55	6:39	1:47	12-39-51-58-70-76-86	11-38-50-57-69-75-85
10	Xavier College Preparatory	228	1:39:55	19:59	6:40	1:58	23-24-42-64-80-92-96	22-23-41-63-79-91-95



Palomar League Cluster #2

Friday, October 29, 2021 @ Mt. Carmel HS Campus Course

Girls Results

3 Miles Varsity

PL	FIRST	GR	FINISH	PACE
2	Jacey Farmer	12	17:32.3	5:50.8
9	Audra Sutherland	11	18:39.7	6:13.2
14	Madison Lorenz	10	19:27.1	6:29.0
27	Vanessa Ramirez	11	20:06.1	6:42.0
47	Tina Tebyanian	12	22:48.3	7:36.1
48	Hannah Lefstein	12	22:59.4	7:39.8
55	Marissa Castro	12	25:26.4	8:28.8

3 Miles Varsity

Official Team Scores

1 Del Norte	46
2 Poway	54
3 San Marcos	70
4 Rancho Bernardo	88
5 Mt Carmel	103
6 Westview	146

3 Miles Junior Varsity

PL	FIRST	GR	FINISH	PACE
2	Jasmyne Castro	10	21:10.2	7:03.4
3	Kaelyn Style	10	21:23.9	7:08.0
5	Rena Anderson	10	21:28.1	7:09.4
19	Rheya Cummins	9	22:55.1	7:38.4
20	Anvi Kakar	9	22:59.6	7:39.9
24	Ayane Coker	10	23:11.0	7:43.7
28	Airi Coker	10	23:41.1	7:53.7
30	Audrey Stoffel	11	23:50.2	7:56.7
32	Ava Razon	10	24:08.4	8:02.8
35	Elle Maglalong	11	24:45.7	8:15.2
38	Parnian Kavoosi	10	24:47.7	8:15.9
42	Fabiola Cesena	10	25:02.0	8:20.7
51	Marin Baccei	10	26:38.1	8:52.7
55	Yasmin Amani	10	27:55.4	9:18.5
56	Masantu Hummler	9	28:05.8	9:21.9

3 Miles JV

Official Team Scores

1 San Marcos	33
2 Rancho Bernardo	45
3 Del Norte	49
4 Westview	120



Palomar League Cluster #2

Friday, October 29, 2021 @ Mt. Carmel HS Campus Course

Boys Results

3 Miles Varsity

	PL	NAME	GR	FINISH	PACE
	5	Camden Luecht	9	15:46.6	5:15.5
	21	Cody Balazs	12	16:39.5	5:33.2
	32	Rowan Nicholas	11	17:08.9	5:43.0
	34	Herman Malik	12	17:11.4	5:43.8
	35	Andrew Park	11	17:12.3	5:44.1
	36	Zachary Sherman	12	17:12.7	5:44.2
	37	Brandon Day	11	17:16.9	5:45.6
	38	Hudson Blattman	11	17:18.0	5:46.0
	46	Jonathan Ho	12	17:51.6	5:57.2
	50	Georgi Andreev	11	18:07.3	6:02.4
	51	Vaughn Lacour	12	18:07.5	6:02.5
	52	Drew Floyd	12	18:08.9	6:03.0
	53	Jack Marsh	11	18:09.2	6:03.1
	66	Sebastian Smits	12	20:00.1	6:40.0
	67	Benjamin Barrero	12	20:03.3	6:41.1

3 Miles Junior Varsity

	PL	NAME	GR	FINISH	PACE
	17	Aaron Zhang	11	18:31.0	6:10.3
	20	Max Schaller	10	18:40.3	6:13.4
	30	Roshan Malik	10	19:14.2	6:24.7
	32	Antonio Correa	10	19:17.0	6:25.7
	33	Evan Stup	11	19:18.4	6:26.1
	44	Cole Staples	9	19:40.3	6:33.4
	60	Ian Kendrick	11	20:37.2	6:52.4
	70	Otis Pratt	10	21:07.4	7:02.5
	74	Connor Ruuspakka	11	21:20.9	7:07.0
	76	Blaize Fonseca	11	21:39.2	7:13.1

3 Miles Varsity

Official Team Scores

1 Mt Carmel	35
2 San Marcos	71
3 Westview	74
4 Del Norte	97
5 Poway	102
6 Rancho Bernardo	121

3 Miles JV

Official Team Scores

1 Mt Carmel	29
2 Del Norte	71
3 Westview	93
4 Poway	100
5 San Marcos	103
6 Rancho Bernardo	121



Palomar JV Cluster

Friday, November 5, 2021 @ Kit Carson Park CC Course

Girls Results

3.05 Miles JV

PL	FIRST	GR	FINISH	PACE
4	Jasmyne Castro	10	21:59.9	7:12.8
8	Kaelyn Style	10	22:39.4	7:25.7
11	Rena Anderson	10	23:13.7	7:37.0
16	Anvi Kakar	9	23:52.4	7:49.6
17	Ava Razon	10	23:55.5	7:50.7
23	Ayane Coker	10	24:34.0	8:03.3
27	Audrey Stoffel	11	24:43.7	8:06.5
29	Airi Coker	10	25:10.4	8:15.2
36	Rheya Cummins	9	25:37.9	8:24.2
42	Marley Lippincott	10	26:40.4	8:44.7
43	Parnian Kavoosi	10	26:56.8	8:50.1
49	Marin Baccei	10	27:30.9	9:01.3
52	Masantu Hummler	9	28:26.6	9:19.5
56	Yasmin Amani	10	29:24.1	9:38.4
57	Fabiola Cesena	10	30:15.6	9:55.3

3.05 Miles JV

Official Team Scores

1 San Marcos	21
2 Rancho Bernardo	49
3 Del Norte	50
4 Westview	120





Palomar JV Cluster

Friday, November 5, 2021 @ Kit Carson Park CC Course

Boys Results

3.05 Miles JV

PL	NAME	GR	FINISH	PACE
10	Ian Kendrick	11	19:22.3	6:21.1
15	Max Schaller	10	19:31.7	6:24.2
30	Dylan Lent	10	20:23.9	6:41.3
36	Roshan Malik	10	20:38.0	6:45.9
45	Evan Stup	11	21:03.4	6:54.2
52	Antonio Correa	10	21:19.7	6:59.6
57	Otis Pratt	10	21:46.5	7:08.4
68	Blaize Fonseca	11	22:38.7	7:25.5
69	Connor Ruuspakka	11	22:41.4	7:26.4
71	Cole Staples	9	22:50.7	7:29.4
72	Joshua Chang	10	22:51.7	7:29.7
78	Ronin Popaluca	11	23:31.4	7:42.8
80	Nolan Flores	11	23:50.6	7:49.0

3.05 Miles JV

Official Team Scores

1 Mt Carmel	43
2 Westview	63
3 Poway	66
4 San Marcos	81
5 Del Norte	116
6 Rancho Bernardo	130



North County Conference Championships

Saturday, November 13, 2021 @ Guajome Park Course - Oceanside, CA

Girls Results

5,000 Meters Palomar League

PL	FIRST	GR	FINISH	PACE
1	Jacey Farmer	12	17:50.0	5:44.4
8	Audra Sutherland	11	19:00.7	6:07.2
30	Vanessa Ramirez	11	21:12.9	6:49.7
40	Adalyn Kobs	10	21:58.8	7:04.5
45	Jasmyne Castro	10	22:40.0	7:17.7
47	Renae Anderson	10	22:44.0	7:19.0
50	Hannah Lefstein	12	23:23.6	7:31.8
53	Kaelyn Style	10	23:56.4	7:42.3

5,000 Meters Palomar League

Official Team Scores

1 Del Norte	49
2 Poway	52
3 San Marcos	74
4 Mt Carmel	98
5 Rancho Bernardo	107
6 Westview	134

Overall Results

1 Del Norte	20	0
2 Poway	14	6
3 San Marcos	11	9
4 Mt Carmel	8	12
5 Rancho Bernardo	5	15
6 Westview	0	20



North County Conference Championships

Saturday, November 13, 2021 @ Guajome Park Course - Oceanside, CA

Boys Results

5,000 Meters Palomar League

PL	NAME	GR	FINISH	PACE
7	Camden Luecht	9	16:44.7	5:23.4
12	Vaughn Lacour	12	16:58.5	5:27.8
21	Zachary Sherman	12	17:12.5	5:32.3
28	Cody Balazs	12	17:38.1	5:40.6
32	Andrew Park	11	17:55.1	5:46.0
37	Rowan Nicholas	11	18:04.6	5:49.1
39	Herman Malik	12	18:08.4	5:50.3
45	Hudson Blattman	11	18:39.9	6:00.5
47	Georgi Andreev	11	18:44.8	6:02.0
50	Jack Marsh	11	18:52.6	6:04.5
52	Jonathan Ho	12	19:09.4	6:10.0
55	Drew Floyd	12	19:13.6	6:11.3

5,000 Meters Palomar League

Official Team Scores

1 Mt Carmel	45
2 San Marcos	59
3 Westview	73
4 Poway	88
5 Rancho Bernardo	98
6 Del Norte	126

Overall Results

1 Mt Carmel	20	0
2 San Marcos	15	5
3 Westview	13	7
4 Poway	6	14
5 Del Norte	4	16
6 Rancho Bernardo	2	18



CIF San Diego Section Championships

Saturday, November 20, 2021 @ Morley Field XC Course ~ San Diego, CA

Girls Results

2.96 Miles Div I Girls

PL	FIRST	GR	FINISH	PACE
1	Jacey Farmer	12	17:26.8	5:53.6
9	Audra Sutherland	11	18:25.6	6:13.5
31	Madison Lorenz	10	19:35.7	6:37.2
56	Adalyn Kobs	10	20:37.0	6:57.9
64	Vanessa Ramirez	11	20:53.1	7:03.3
85	Rena Anderson	10	22:14.0	7:30.7
89	Hannah Lefstein	12	22:30.8	7:36.4

2.96 Miles Div I Girls

Official Team Scores

1 Torrey Pines	54
2 Del Norte	75
3 San Marcos	110
4 Canyon Crest Academy	115
5 Rancho Bernardo	158
6 Eastlake	169
7 El Camino (Oceanside)	188
8 Mira Mesa	194
9 Otay Ranch	227
10 Westview	271
11 Mission Hills	282
12 Carlsbad	284
13 Patrick Henry	309
14 Olympian	404
15 Calexico	439
16 Chula Vista	491
17 Helix	551



CIF San Diego Section Championships

Saturday, November 20, 2021 @ Morley Field XC Course ~ San Diego, CA

Boys Results

2.96 Miles Div I Boys

PL	NAME	GR	FINISH	PACE
20	Vaughn Lacour	12	16:11.5	5:28.2
28	Camden Luecht	9	16:20.5	5:31.2
40	Cody Balazs	12	16:36.0	5:36.5
42	Zachary Sherman	12	16:42.1	5:38.5
60	Andrew Park	11	17:02.5	5:45.4
83	Brandon Day	11	17:59.4	6:04.7
103	Rowan Nicholas	11	18:54.7	6:23.3

2.96 Miles Div I Boys Official Team Scores

1 Otay Ranch	58
2 Torrey Pines	86
3 San Marcos	101
4 El Camino (Oceanside)	122
5 Patrick Henry	122
6 Westview	142
7 Canyon Crest Academy	178
8 Rancho Bernardo	190
9 Del Norte	256
10 Eastlake	295
11 Mira Mesa	311
12 San Diego	322
13 Mission Hills	338
14 Helix	376
15 Olympian	395
16 Carlsbad	417
17 Sweetwater	551
18 Chula Vista	565



CIF State Championships

Saturday, November 27, 2021 @ Woodward Park, Fresno CA

5K Div I Girls

PL	FIRST	GR	1MILE (PL)	2.05 MILE (PL)	FINISH	PACE
5	Jacey Farmer	12	5:24.6 (7)	12:09.7 (7)	17:41.4	5:41.3
46	Audra Sutherland	11	5:45.0 (55)	12:49.0 (49)	18:52.7	6:04.2

California State Meet
Cross Country
Woodward Park
Fresno, California
5,000 meter course



RANCHO BERNARDO HIGH SCHOOL GIRLS CROSS COUNTRY HISTORY

GIRLS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1991	AVOCADO	DON JONES	5 WINS - 2 LOSSES	3RD
1992	PALOMAR	DON JONES	3 WINS - 4 LOSSES	4TH
1993	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1994	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1995	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1996	PALOMAR	DON JONES	4 WINS - 3 LOSSES	5TH
1997	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1998	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
1999	PALOMAR	DON JONES	5 WINS - 0 LOSSES	1ST
2000	PALOMAR	TERRY DOCKERY	3 WINS - 2 LOSSES	3RD
2001	PALOMAR	TERRY DOCKERY	4 WINS - 1 LOSSES	2ND
2002	PALOMAR	TERRY DOCKERY	7 WINS - 3 LOSSES	2ND
2003	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST (TIE)
2004	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2005	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2006	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2007	PALOMAR	TERRY DOCKERY	6 WINS - 3 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2009	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2010	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2011	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2012	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST (TIE)
2013	PALOMAR	TERRY DOCKERY	16 WINS - 4 LOSSES	2ND
2014	PALOMAR	TERRY DOCKERY	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	TERRY DOCKERY	15 WINS - 5 LOSSES	2ND
2016	PALOMAR	TERRY DOCKERY	14 WINS - 6 LOSSES	3RD
2017	PALOMAR	TERRY DOCKERY	20 WINS - 0 LOSSES	1ST
2018	PALOMAR	TERRY DOCKERY	14 WINS - 2 LOSSES	1ST (TIE)
2019	PALOMAR	TERRY DOCKERY	8 WINS - 8 LOSSES	3RD (TIE)
2020	PALOMAR	TERRY DOCKERY	5 WINS - 0 LOSSES	1ST
2021	PALOMAR	TERRY DOCKERY	5 WINS - 15 LOSSES	5TH

OVERALL RECORD : 242 WINS - 100 LOSSES (.707%)

RANCHO BERNARDO HIGH SCHOOL BOYS CROSS COUNTRY HISTORY

BOYS				
YEAR	LEAGUE	COACH	RECORD	PLACE
1990	AVOCADO	DON JONES	3 WINS - 4 LOSSES	6TH
1991	AVOCADO	DON JONES	3 WINS - 4 LOSSES	3RD
1992	PALOMAR	DON JONES	4 WINS - 3 LOSSES	3RD
1993	PALOMAR	DON JONES	6 WINS - 1 LOSSES	2ND
1994	PALOMAR	DON JONES	5 WINS - 2 LOSSES	2ND
1995	PALOMAR	DON JONES	2 WINS - 5 LOSSES	5TH
1996	PALOMAR	DON JONES	7 WINS - 0 LOSSES	2ND
1997	PALOMAR	DON JONES	3 WINS - 4 LOSSES	5TH
1998	PALOMAR	DON JONES	0 WINS - 5 LOSSES	5TH
1999	PALOMAR	DON JONES	1 WIN - 4 LOSSES	5TH
2000	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2001	PALOMAR	TERRY DOCKERY	0 WINS - 5 LOSSES	6TH
2002	PALOMAR	TERRY DOCKERY	4 WINS - 6 LOSSES	4TH
2003	PALOMAR	TERRY DOCKERY	5 WINS - 5 LOSSES	3RD
2004	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2005	PALOMAR	TERRY DOCKERY	9 WINS - 1 LOSSES	1ST
2006	PALOMAR	TERRY DOCKERY	8 WINS - 2 LOSSES	2ND
2007	PALOMAR	TERRY DOCKERY	7 WINS - 2 LOSSES	2ND
2008	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2009	PALOMAR	TERRY DOCKERY	6 WINS - 4 LOSSES	3RD
2010	PALOMAR	TERRY DOCKERY	10 WINS - 0 LOSSES	1ST
2011	PALOMAR	TERRY DOCKERY	3 WINS - 7 LOSSES	4TH
2012	PALOMAR	JAYSON FULTZ	1 WIN - 9 LOSSES	5TH (T)
2013	PALOMAR	JOHN COLSON	0 WIN - 20 LOSSES	6TH
2014	PALOMAR	JOHN COLSON	11 WINS - 9 LOSSES	3RD
2015	PALOMAR	JOHN COLSON	17 WINS - 3 LOSSES	1ST
2016	PALOMAR	JOHN COLSON	9 WINS - 11 LOSSES	4TH
2017	PALOMAR	JOHN COLSON	8 WINS - 12 LOSSES	4TH
2018	PALOMAR	JOHN COLSON	6 WINS - 10 LOSSES	3RD (T)
2019	PALOMAR	JOHN COLSON	1 WIN - 15 LOSSES	5TH
2020	PALOMAR	JOSE RAMIREZ	0 WIN - 5 LOSSES	5TH
2021	PALOMAR	BOB MUSHECK	2 WIN - 18 LOSSES	6TH

OVERALL RECORD : 150 WINS - 192 LOSSES (.439%)

RBHS ALL-TIME TOP 10 LIST

BOYS

GIRLS

BRONCO ROUND-UP KIT CARSON 2 MILE (RECORDS START 2005 DUE TO CHANGE IN COURSE)

RANK	NAME	TIME	YEAR
1	DIMITRI VOYTILLA	9:53	2011
2	GEOFF BOGAN	9:53	2009
3	BRENDAN GEE	10:01	2012
4	NOAH RESTO	10:02	2009
5	FUYUKI KUROIWA	10:02	2016
6	PARKER STINSON	10:03	2007
7	MIKIO KUROIWA	10:03	2014
8	SENRI KUROIWA	10:05	2016
9	WYATT HILL	10:06	2014
10	KEVIN MIHALIK	10:07	2010

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	10:53	2009
2	DANIELLE VOYLES	11:23	2012
3	NIA AKINS	11:34	2015
4	JACEY FARMER	11:39	2019
5	ASHLEY LEARN	11:44	2019
6	LAUREN VOYLES	11:44	2012
7	CAROLINE DRAPER	11:47	2007
8	KATIE SAMMER	12:00	2013
9	KRISTA EGENSE	12:02	2005
10	MICHELLE LEROUX	12:06	2010

MT. SAC COURSE

RANK	NAME	TIME	YEAR
1	PARKER STINSON	15:12	2007
2	COLTON TULLY-DOYLE	15:17	2005
3	KEVIN MIHALIK	15:23	2011
4	GEOFF BOGAN	15:29	2010
5	NOAH RESTO	15:32	2009
6	CARL DARGITZ	15:33	2005
7	BRENDAN GEE	15:39	2012
8	DIMITRI VOYTILLA	15:42	2010
9	BURAK TUFEKCI	15:44	2015
10	ANTHONY GIROLAMO	15:54	2010

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	16:41	2009
2	JACEY FARMER	17:56	2021
3	NIA AKINS	18:01	2015
4	DANIELLE VOYLES	18:03	2012
5	BRYANNA FULLER	18:08	2014
6	CAROLINE DRAPER	18:20	2008
7	ASHLEY LEARN	18:25	2017
8	LAUREN VOYLES	18:27	2011
9	MICHELLE LEROUX	18:35	2009
10	DARINA DINO	18:42	2009

MORLEY FIELD CIF COURSE (BOYS 2.96 MILES - GIRLS 2.96 MILES) ** New Course as of 2017 **

RANK	NAME	TIME	YEAR
1	TREVOR BOAZ	15:43	2018
2	LUIS BARRON	15:46	2018
3	JUSTIN FERGUSON	16:11	2018
4	VAUGHN LACOUR	16:12	2021
5	BOBBY SANTOS	16:13	2017
6	CAMDEN LUECHT	16:21	2021
7	TREVOR HODGES	16:36	2018
8	MILES JONES	16:37	2019
9	ASHTIN BRANTLEY	16:37	2017
10	LUIS BARRON	16:41	2017

RANK	NAME	TIME	YEAR
1	JACEY FARMER	17:27	2021
2	ASHLEY LEARN	18:14	2018
3	AUDRA SUTHERLAND	18:26	2021
4	EMMA GEORGE	18:39	2019
5	ALLISON BOAZ	19:04	2017
6	ALYSSA TIVADAR	19:11	2017
7	VICTORIA DINO	19:21	2019
8	IMOGEN BLEAKLEY	19:33	2017
9	MADISON LORENZ	19:36	2021
10	CHLOE CHOSE	19:45	2017

WOODWARD PARK STATE MEET COURSE

RANK	NAME	TIME	YEAR
1	SEAN RICKETTS	15:37	1999
2	PARKER STINSON	15:38	2007
3	KEVIN MIHALIK	15:40	2011
4	ANTHONY GIROLAMO	15:52	2010
5	GEOFF BOGAN	15:58	2010
6	FUYUKI KUROIWA	16:00	2015
7	DIMITRI VOYTILLA	16:01	2010
8	WYATT HILL	16:01	2014
9	FUYUKI KUROIWA	16:04	2016
10	SENRI KUROIWA	16:05	2016

RANK	NAME	TIME	YEAR
1	MOLLY GRABILL	17:06	2009
2	JACEY FARMER	17:41	2021
3	LINDSAY DELAMONTAIGNE	17:57	2004
4	CAROLINE DRAPER	18:14	2008
5	NIA AKINS	18:15	2015
6	KATIE SAMMER	18:22	2013
7	ASHLEY LEARN	18:24	2018
8	ELISA KARHU	18:25	2009
9	KALEENA YEE	18:30	1997
10	JULIE MANSON	18:31	1999

MORLEY FIELD CIF COURSE (BOYS 3.05 MILES - GIRLS 2.75 MILES) ** before 2017 **

RANK	NAME	TIME	YEAR	c
1	KEVIN MIHALIK	15:54	2011	15:25
2	SEAN RICKETTS	15:55	1998	15:26
3	COLTON TULLY-DOYLE	16:04	2005	15:35
4	DIMITRI VOYTILLA	16:15	2011	15:46
5	JEFF MEISNER	16:16	1994	15:47
6	PARKER STINSON	16:22	2007	15:53
7	FUYUKI KUROIWA	16:31	2016	16:01
8	JEFF STEWART	16:32	2014	16:02
9	RYAN SHORT	16:33	1994	16:03
10	WYATT HILL	16:35	2014	16:05

RANK	NAME	TIME	YEAR	c
1	MOLLY GRABILL	*15:25	2009/10	16:36
2	LINDSAY DELAMONTAIGNE	16:03	2001	17:16
3	JULIE MANSON	16:23	1999	17:38
4	KATIE SAMMER	16:25	2013	17:40
5	DANIELLE VOYLES	16:33	2012	17:48
6	ALLISON HALL	16:36	1999	17:52
7	NIA AKINS	16:40	2015	17:56
8	CAROLINE DRAPER	16:41	2008	17:57
9	ELISA KARHU	16:45	2009	18:01
10	LAUREN VOYLES	16:48	2011	18:04

c = convert to 2017 course 2.96 MILES

*course recorded

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS**

GIRLS

LEAH BROWN (1991, 1992)
LAURA LEECH (1992)
KAREN RICHTER (1993)
SARAH WILKINS (*1995, 1996, 1998)
CHRISTINE KITCHEN (1995)
JULIE MANSON (1996, 1997, *1998, *1999)
KALEENA YEE (1997, 1999, 2000)
KATIE BOYD (1997, 1998)
ALLISON HALL (1998, 1999, 2000, 2001)
JAMIE DOYLE (1999)
LINDSAY DELAMONTAIGNE (*2001, 2002, 2003, 2004)
AIMEE BRADLEY (2002)
AMY SONNENBURG (2002)
AHNALISE DRAPER (2002)
DANA GERSTEN (2003)
KIYARA IRAVANI (2004)
KRISTA EGENSE (2004, 2005, 2006)
CAROLINE DRAPER (2006, 2007, 2008)
MOLLY GRABILL (2007, *2008, *2009, *2010)
MICHELLE LEROUX (2008, 2009)
DARINA DINO (2008, 2009)
ELISA KARHU (2009)
DANIELLE VOYLES (2011,2012)
LAUREN VOYLES (2011, 2012)
NIA AKINS (2012, *2013, 2014, *2015)
KATIE SAMMER (2013)
BRYANNA FULLER (2014)
KASSADY LEARN (2014,2016)
SYDNEY PRESNELL (2015)
ALI HARPER (2016)
ALYSSA TIVADAR (2017)
ALLISON BOAZ (2017)
ASHLEY LEARN (2017, 2018, 2019)
JACEY FARMER (*2018,*2021)
EMMA GEORGE (2019)
AUDRA SUTHERLAND (2021)

* *LEAGUE CHAMPION*

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY
ALL-LEAGUE SELECTIONS**

BOYS

SCOTT KOLENIC (1990, 1991, 1992)
JOSE LUNA (1992)
JEFF MEISNER (1993, 1994)
RYAN SANDERS (1993)
RYAN SHORT (1994)
ERON TELLO (1995, 1996)
MATT GALAVIZ (1996)
SEAN RICKETTS (1996, 1997, *1998, 1999)
MATT LEETCH (2002)
BRETT THOMASON (2002)
MATT SCHUBERT (2003)
COLTON TULLY-DOYLE (2004, 2005)
CARL DARGITZ (2005)
PARKER STINSON (2006, *2007)
JARED FENLASON (2006)
JAKE WERTNER (2006)
SEAN PROEHL (2007)
NOAH RESTO (2007, 2008, 2009)
ANTHONY GIROLAMO (2008, 2010)
KEVIN MIHALIK (2010, 2011)
DIMITRI VOYTILLA (2011)
BRENDAN GEE (2012)
ALEX GRIGORIEV (2012)
WYATT HILL (2014)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
TRISTAN CAPARAS (2015)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
MILES JONES (2019)
CAMDEN LUECHT (2021)

* LEAGUE CHAMPION

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY
SAN DIEGO SECTION ALL-CIF SELECTIONS**

GIRLS

LEAH BROWN (1992)
LAURA LEECH (1992)
KAREN RICHTER (1993)
SARAH WILKINS (1995, 1996)
JULIE MANSON (1996, 1997, 1998, 1999)
KALEENA YEE (1997, 1999)
ALLISON HALL (1998, 1999, 2001)
JAMIE DOYLE (1999)
LINDSAY DELAMONTAIGNE (2001, 2002, 2003, 2004)
CAROLINE DRAPER (2005, 2006, 2007, 2008)
MOLLY GRABILL (2007, 2008, 2009, 2010)
ELISA KARHU (2009)
MICHELLE LEROUX (2009)
DANIELLE VOYLES (2011, 2012)
KATIE SAMMER (2013)
BRYANNA FULLER (2014)
KASSADY LEARN (2014, 2016)
SYDNEY PRESNELL (2015)
NIA AKINS (2013, 2014, 2015)
ALI HARPER (2016)
ALYSSA TIVADAR (2016, 2017)
ASHLEY LEARN (2017, 2018, 2019)
ALLISON BOAZ (2017, 2018)
JACEY FARMER (2018, 2021)
VICTORIA DINOVA (2018, 2019)
EMMA GEORGE (2019)
AUDRA SUTHERLAND (2021)

SAN DIEGO SECTION CIF CHAMPIONS

LINDSAY DELAMONTAIGNE (2001, 2004)
MOLLY GRABILL (2007, 2008, 2009, 2010)
SARAH WILKINS (1995)
NIA AKINS (2014, 2015)
JACEY FARMER (2021)

CIF TEAM CHAMPIONSHIP DIVISION 1 GIRLS (1999, 2004, 2018)

**RANCHO BERNARDO HIGH SCHOOL CROSS COUNTRY
SAN DIEGO SECTION ALL-CIF SELECTIONS**

BOYS

SCOTT KOLENIC (1990)
JEFF MEISNER (1994)
MATT GALAVIZ (1995)
SEAN RICKETTS (1996, 1997, 1998, 1999)
COLTON TULLY-DOYLE (2004, 2005)
SEAN PROEHL (2007)
PARKER STINSON (2007)
GEOFF BOGAN (2010)
KEVIN MIHALIK (2010, 2011)
JEFFREY STEWART (2014)
FUYUKI KUROIWA (2015,2016)
SENRI KUROIWA (2016)
BOBBY SANTOS (2017)
TREVOR BOAZ (2018)
LUIS BARRON (2018)

SAN DIEGO SECTION CIF CHAMPIONS

CIF TEAM CHAMPIONSHIP DIVISION 1 BOYS (2005, 2010)

**RANCHO BERNARDO HIGH SCHOOL
CROSS COUNTRY 2021
COACHING STAFF AND SUPPORT TEAM**

HEAD COACH

TERRY DOCKERY

BOY'S COACHES

BOB MUSHECK

PRINCIPAL

HANS BECKER

ATHLETIC DIRECTOR

TRACY STOWE

ATHLETIC ASSISTANT

TERESA SMALL

ATHLETIC TRAINER

ROBBIE BOWERS, A.T.C.

TEAM/PARENT COORDINATORS

KIM FLOYD

THANK YOU FOR SUPPORTING RBHS CROSS COUNTRY 2021!